



From the Directors Desk

Over a century ago, the darkness in the lives of women in the city of Delhi sparked a vision. The vision of an unknown missionary lady. She cared enough and was concerned enough to start something to help them. From a boxful of medicines to the largest private hospital of Delhi! All because an unknown woman cared and dared to dream.

Today, we in St Stephen's hospital are a part of that legacy, a part of that dream. We are all a family in that dream. We all tend to dismiss our dreams for we feel we do not matter, we are too small. All of us have the power and the responsibility to carry this treasure of St Stephen's Hospital to the future.

Together we must strive to pass it on brighter and better than we received it.

Can we all measure up to that challenge?

ST. STEPHEN'S NEWS

**Official Newsletter of St. Stephen's Hospital,
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EVENTS

Inauguration of the Neurology Intensive Care Unit.

An ICU for our Neurology patients has been added. It was inaugurated on 1st January '02. With it's dedicated staff and modern equipment, it will serve both adult and paediatric patients suffering from CNS tumors, head injuries, stroke and brain infection.

National Workshop on Prehospital Care

A National Workshop on Prehospital Care and Injury Control was organised by our Director, Dr Mathew Varghese, in collaboration with Transportation Research and Injury Prevention Programme (TRIPP), Indian Institute of Technology, Delhi. It was held from 4-8th December, 2001 at St Stephen's Hospital. The course was designed to train professionals involved in emergency care of the injured.

Faculty members for the course were Prof. Dinesh Mohan and Dr Geetam Tiwari from IIT Delhi, Dr Mathew Varghese and Prof. V A Punoose from St Stephen's Hospital, Delhi, Dr Pramod Kohli from Lady Hardinge Medical College, Delhi and Dr R Krishnan from University of Malaya, Malaysia.

Management workshop 2001 for Hospital Pharmacists

Our Chief of Pharmacy Services, Mr A K Adhikari conducted the 24th All India Management Course for Hospital Pharmacists from 5th to 10th November, 2001 in St Stephen's Hospital in collaboration with the Indian Hospital Pharmacists Association. Delegates from all over India attended. Many clinical doctors including the Director, Dr. Mathew Varghese and Dr. Sudhir Joseph were among the attending faculty members. It has now become an annual event of the hospital.

Computer Training

As part of the regular Staff Development Programme St Stephen's Hospital in coordination with NIIT is offering a computer training programme in the hospital for staff members and their dependents. The course includes Computer basics, Windows, MS Word, Ms Excel, MS Powerpoint, Internet and E-Mail. All students would be provided a certificate from NIIT on successful completion of the course. The course fee is only Rs 1000/- For more details contact Mr Rejo Thayyen in the Computer Dept.

Hospital Day - 31 October '01

Like every year, the Hospital Day was celebrated with great enthusiasm. The celebrations began a month ahead with competitions and games. The finale of course was the 'Talent Night' held on 31st October, showcasing the many facets of our talented staff. The colourful evening featured music and drama presented by students who kept the audience spellbound. Our eminent chief guest for the evening was Mr. Ved Vyas. Sister Lukose was voted the 'most popular lady' and Dr. Mathew Varghese won the title of being the 'most popular man' for this year.

Christmas 2001

The celebrations began with the Funfair, a fete organised by the staff on the 12th of December. The Funfair offered a delicious gourmet ranging from North to South. On the evening of 14th December '01, the St. Stephen's Hospital fraternity was treated to a wonderful evening of music from our very own choir. Under the baton of Dr. Sudhir Joseph, the 50 member choir, drawn from staff and

students, presented an exquisite repertoire

ranging from traditional music to modern compositions. The choir also performed in the YMCA Festival of Choirs and was invited to feature in the Delhi government programme - 'Chandni Chowk Utsav'.

On 24th December to mark the birth of the Prince of Peace students and staff visited patients in the wards singing carols in candle light and shared their joy by distributing sweets. The whole hospital was glowing in Christmas lights and decorations put up with great enthusiasm and hard work by the staff.

Winners for the best decorations were



1st Prize: Staff of Incinerator dept

2nd Prize: Orthopaedic Ward

3rd Prize: Male Surgical Ward.

Christmas day ended with a grand party given by the Director to special invitees.

A Special Lunch for all the hospital staff was arranged on the 29th of December, 2001 as is the tradition.

The celebrations ended with a Watch

Night Covenant Service on the 31st

of December, 2001 starting at 11.30p.m. and ended in the early hours of the new year!

Paramedical Courses

The Hospital restarted the CMAI Diploma course in **Medical Record Technology** from August 2001.

The Certificate Course in Cardiopulmonary Technology conducted by our Hospital was restructured and upgraded to a **Diploma course in Electrophysiology and Pulmonology**, covering Cardiology, Pulmonology and Electrophysiology.

We'll Miss You, Sr Winnie!

Sr Missal joined this institution on 1st January, 1994 after retiring from AIIMS as the Chief Nursing Superintendent. During this time she has transformed the working conditions of the nursing staff. Her deep commitment created confidence among the staff and demonstrated that patient care is the most important priority. We are grateful for her services and wish her a happy and active retired life.

St Stephen's News'

Our official newsletter is renamed St Stephen's News. Suggestions were invited from the staff and finally 'St Stephen's News' was chosen. Dr K V Sharma and Mr P X Sebastian suggested the name. The management has awarded both of them a cash prize of Rs 200/- each.

Eye Donation

Baby Geetanjali: The youngest eye donor in this hospital! Thank you Mrs and Mr Sanjeev Kumar (Parents) for this gift of vision.



Welcome

Mr John Rao has been appointed General Superintendent.

Dr Mohan Nair, MD, DM(Card), has joined our Cardiology Department as a Consultant.

Dr Salil Gulati MCh has joined us as a plastic surgeon.

Dr L K Tripathy MD(Nephro), has joined our Nephrology team as a Specialist .

Dr Krishna Vaitheeswaran MS(Ophth), has joined the Ophthalmology Dept.as a Specialist

Mr P A Joy has joined us as the Chief Security Officer.

Our heartiest welcome to all !

Awarded

Dr Balu Sankaran was awarded the B N Sinha Memorial Meritorious Award by the Indian Orthopaedics Association for his lifetime contribution to Orthopaedics. **Congratulations Sir!**

Mr A K Adhikari was awarded the DIWA award for his contribution to the pharmacy profession.

Congratulations!

Wedding Bells!

Ms Suman Rani and *Ms Geeta Gupta* from Lab got married in December, 2001.

Mr Wilson Michael(Lab) and *Ms Rama Bhist (Nursing)* got married in November, 2001.

Wish you a happy married life!

Farewell to

Sr Winnie J Missal
Nursing Superintendent.

Mr Samuel Prakash
Ward Incharge.

Mr P X Sebastian
Chief Security Officer

Congratulations

Following are the DNB candidates who passed the DNB exam and have made St Stephen's Hospital proud!

Dr Sandep Jain Radiology

Dr Sanila George Radiology

Dr Neerav Goel Surgery

Dr Sanjeev D Orthopaedics

WORLD'S DISABILITY DAY

3RD DEC-

Are you aware that 5-6 % of our country's population is affected by disability? These 50-60 million people are as much citizens of this country as anyone else who have a right to education, employment and full social living.

'Disability Act' was passed by our parliament in December 1995 but like many other good resolutions a lot remains unimplemented. It assures non-discrimination which guarantees an accessible and barrier free environment for disabled people – but look around and see _ How many places allow them the dignity of free mobility – schools, shopping centres or cinema halls?.

It is not our poverty which prevents it, it is our attitude of discrimination which takes away their rights. Even the zoo in Bangkok is accessible and disabled friendly. Countries like Sri Lanka, Philippines are being made barrier free, then why can't we? You'll be happy to know that St Stephen's Hospital has taken initiative in this area. The OPD renovation work and all modifications in the hospital will hence forth be barrier free for persons with disabilities.

FEATURE

Department of Radiodiagnosis

Radiology came in existence in the life of St. Stephen's Hospital in 1967 when the first x-ray unit was installed. Keeping pace with latest technology in medical diagnostics, St. Stephen's Hospital has a full fledged department of Radiodiagnosis with complete medical imaging modalities. This has brought the hospital closer to its goal of providing complete care under one roof.

This dept is a proud owner of 4 xray units with facility of image intensifying, 4 portable x-ray units to take care of intensive care areas. 5 ultrasound machines of which two have colour doppler , mammography, C.T Scan and MRI.

Every year 46000 x-rays inclusive of procedures, 22,000 ultrasound examinations inclusive of interventions, 1700 C.T scans inclusive of interventions and 1500 MRI are done. Under the headship of Prof. R K Goulatia, this department is recognised for DNB Radiology for the post-graduate programme for doctors. There is an active educational program besides these courses, which includes interdepartmental seminars with institutions like INMAS & AIIMS. Thesis and paper presentations from Radiology have acclaimed high standards and rewards. It also offers CMAI recognised diploma of Radiography of 2 year duration for 10 students every year. Training in ultrasound is offered to the rural area mission hospital doctors.