



THE STEPHEN'S CHRONICLE

(Official Newsletter of St.Stephen's Hospital College of Nursing)

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From the Director's desk ...

College years are special in every person's life. The increasing maturity and understanding of life, its responsibilities and challenges, combined with gaining knowledge in one's chosen field lead to the development of a person's character, as well as

forming a solid base for the years to come. Added to these are the joys of making friends and, thanks to hostel life, developing deep bonds which last a lifetime. I am, therefore, delighted at the start of 'The Stephen's Chronicle'. Like other chronicles of famous institutions and individuals, I hope over the years this too will be a true reflection of the present and subsequently changing character of the college, giving expression to the aspirations and endeavours of our students along with tracking their achievements. I also feel it is apt that this 'new birth' is occurring over the New Year. May the joy of this special time be always reflected in the life of our College and its students and faculty. Well done.

With all good wishes for a Blessed New Year.

Dr. Sudhir Joseph

Director
St. Stephen's Hospital



Principal's ink ...

Every accomplishment starts with a dream and the decision to try. Bringing out a newsletter of College of Nursing is a small step just taken and we look ahead with optimism and faith for its growth. I am privileged and very happy to pen down few lines for the first edition of the news letter of the St. Stephen's Hospital College of Nursing. Everything we do, take a part in or are a part of, is worth more than we can see at that moment. So, do the best! The content of this news letter should give the nursing alumni a glimpse of our College of Nursing life. A variety of activities, ranging from curricular, co-curricular and extra-curricular activities keep the students and faculty busy throughout the year. As you know, most of these activities have already been reflected in St. Stephen's news prior to this independent publication.

It is with immense joy and happiness that I extend my best wishes and congratulate the Publication & Communication Committee for bringing out our first edition - **The Stephen's Chronicle.**

Prof. (Mrs.) Pennamma Ranadive

Principal
St. Stephen's Hospital College of Nursing



MILESTONES OF ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING

St. Stephen's Hospital began in 1885 with the works of a non- medical missionary Mrs. Priscilla Winter. From a 20 bedded hospital in Chandni Chowk, it grew into a 100 bedded Women and Children's Hospital with relocation at Tis Hazari. In 1976, it got upgraded to a 450 bed multi-specialty hospital and in 1996 a Mother and Child Block was constructed and commissioned. Currently, with a strength

of 595 beds, St. Stephen's Hospital, Delhi's largest non-governmental, tertiary care hospital is now at the brink of opening a Healthcare Facility in Gurgaon.

Established in 1908 and founded by Ms. Alice Wilkinson, a pioneer and co-author to the Constitution of the Indian Nursing Council, we have one of the oldest Nursing Schools in the country. The 'B' grade nursing training started in 1908 and in 1952 'A' grade Diploma course was introduced. In the year 2008 the School of Nursing was upgraded to College of Nursing and BSc. (Hons.) Nursing programme was started. It is affiliated to Guru Gobind Singh Indraprastha University and duly recognized by Indian Nursing Council and Delhi Nursing Council.



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With the motto of "In love serve one another", the College of Nursing aims at preparing graduates expected to assume the traditional, extended and expanded nursing roles of practitioners, educators, managers and researchers in hospital and community settings. Students are expected to uphold high standards of moral conduct through discipline and an established code of conduct.



COLLEGE: AN ACTIVITY HUB

Lamplighting & Graduation Ceremony



The Lamplighting and Graduation Ceremony 2011 of our College was organized on 15th February 2011. Mrs. Elizabeth Johnson, Nursing Superintendent of Christian Hospital, Chattarpur, presided over the function as the Chief Guest. The Chief Guest in her speech exhorted the students to uphold the standards of the nursing profession. The 2010 Batch of 1st Year Nursing students of both B.Sc (Hons.) Nursing and General Nursing & Midwifery (GNM) programmes came forward to light their candles and then recited the Nurse's Pledge. The GNM graduates of the Batch of 2007 received their certificates from the Chief Guest. The meritorious students were awarded certificates and trophies.

Celebration of Women's Day



Women's Day was celebrated on 8th March 2011. The theme was "Equal Access to Education, Training, Science and Technology". A role play was conducted in the Gynae OPD Waiting Area by the nursing students. Charts and posters were also displayed sensitizing the public to the theme.

Rangoli Competition



St. Stephen's College of Nursing won the first prize in the inter- collegiate Rangoli Competition held on 30th March 2011 in Hindu Rao Hospital, Delhi. Miss

Nisha, B.Sc. (Hons.) Nursing 4th Year student participated in this event whose theme was "Female Foeticide".

Inauguration of renovated Library and new Computer Classroom



The newly renovated College Library as well as the new Computer Classroom were inaugurated on 16th February 2011 by Dr. Richard David, Medical Superintendent of Francis Newton Hospital, Firozpur. The user- friendly library has around 2000 books on various subjects. The books are being classified based on the new software

'e- granthalaya' and bar coding of the books is also in the pipeline. There is a separate section for thesis and journals. The library is equipped with a photocopy machine. The Computer Classroom has 25 computers including Internet facility.

World Health Day Celebration



World Health Day was celebrated on 7th April 2011 based on the theme "Anti- microbial resistance: No action today, No cure tomorrow." A debate was organized by the Students' Nurses Association (SNA) and certificate was awarded to the best speaker.

SNA Fresher's Party & Onam Celebration



The new batch of General Nursing & Midwifery (GNM) and B. Sc. (Hons) Nursing students were warmly welcomed into our College on 16th September 2011 along with the Onam Celebration organized by the SNA. Dance, skit, songs were presented by the students. The freshers were given a small gift each.

The floral floor decoration competition was also held classwise and the winners were awarded prizes. It was followed by a delightful lunch.

Nurses' Day Celebration

The International Nurses' Day was celebrated on 12th May 2011. The theme was "Closing the gap: Increasing access and equity." SNA organized a beautiful programme comprising of skit and songs. It was enjoyed by all.

Independence Day Celebration



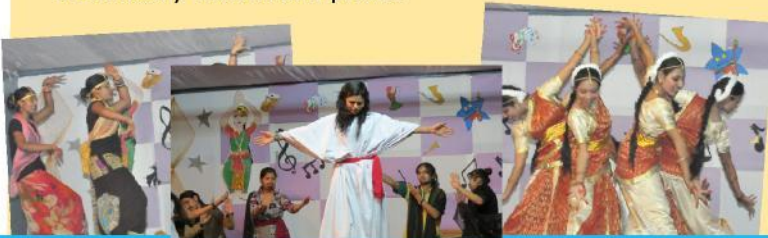
Independence Day was celebrated on 15th August 2011 on the terrace of the Mother & Child Block of our hospital. Our honorable Director Dr. Sudhir Joseph unfurled the national flag and gave an inspiring message towards national integration and solidarity. The nursing students presented two patriotic songs which were appreciated by all.

Retreat

Our College also focuses on the student's spiritual growth. Retreats were organized for all the students in different batches in September 2011 at St. Stephen's Conference Hall. Mrs. Aruna Jacob guided and motivated the students towards being good human beings and caring nurses.

Talent Nite

The Annual Talent Nite function was organized on 29th October 2011 to mark the Annual Day of the hospital. Ms. Meghna Malik, TV artiste was the Chief Guest for the function. Students and faculty participated in the cultural programme and brought home many awards and prizes.



MTNL Health Mela

A Health Mela was held from 20- 21 October 2011 at Lakshmi Bai Nagar, Delhi. Our student nurses took active part in the Health Check-up Programme and participated in various inter- collegiate competitions like Poster making, collage, skit and debates.

Sports Events



The students and faculty of the College participated with a lot of enthusiasm in the Annual Sports Meet of our hospital. Sports events were conducted throughout August till October. Games included indoor, outdoor and athletic events. The winners were awarded prizes and trophies.

CMAI Conference

Faculty and students of our College attended and actively participated in the CMAI North- west Regional Conference on 29th October 2011 held at Jalandhar as well as 41st Biennial Conference from 3- 5 Nov 2011 held in Chennai. The Conference theme was "Our World, Our Health." Both were spiritually nourishing and gave everyone an opportunity experiences.



National Education Day & World Diabetes Day Celebration



National Education Day and World Diabetes Day was celebrated on 14th November 2011. It was organized by the Student Nurses Association (SNA) of St. Stephen's Hospital College of Nursing. The related themes i.e. Child Centered Education and Diabetes Management, Education & Prevention were inaugurated by our honorable Director, Dr. Sudhir Joseph. It was followed by an interesting skit by the students. The role play was conducted in the Patient waiting area, General and Private OPDs. Posters were also put up on display to create awareness among patients and relatives. On- the- spot poster making competition was also held on 11th November 2011 as part of the celebration and prizes were given for the best posters.

University Sports Meet



Guru Gobind Singh Indraprastha University organized an Inter- collegiate Sports meet from 11-13 November 2011. Our students participated in various indoor and outdoor games like volley ball, tug-of-war, chess, carrom, 100m/200m race and returned with a winning trophy in Tug-of-war.

SNA National Conference

The XXIV SNA Biennial Conference held in Bengaluru, Karnataka from 26- 30 November 2011 was attended by students and faculty of our college. The theme of the conference was "Preparing student nurses for Leadership role." Various competitions were organized for the students. Our College participated in Floor Decoration competition, representing Delhi State Branch. The conference was a success and a learning experience.

CNE for faculty



St. Stephen's Hospital College of Nursing organizes workshops for the faculty development. On 2nd April 2011, a workshop on 'Teambuilding' was organized to foster teamwork among the faculty. Routinely Continuing Nursing Education (CNE)

classes are being organized for staff development. Besides these, the faculty are also sent to attend workshops outside the college like Safe Motherhood by White Ribbon Alliance of India, HIV/ART training, Advance Trauma Care for Nurses, High- Risk Pregnancy, Human Relations in Nursing, Current Trends & Practices in Oncology Nursing, Research Methodology , to name a few.

Christmas Celebration



The SNA of our College organized a Christmas Programme on 14th Dec 2011. It included a meaningful skit and also carol- singing competition by the students. The best groups were awarded prizes. Santaclaus also arrived just in time for the function and gave gifts to all the students. The programme was thoroughly enjoyable and was followed by lunch.

Recognition as Nodal Centre



The Indian Nursing Council has identified St. Stephen's Hospital College of Nursing as a nodal centre in its project, "Strengthening the pre- service Nursing and Midwifery Education in India." To strengthen the Nodal centres, assessment was done based on the following areas:

1. Classroom and Practical instruction.
2. Clinical instruction and practice.
3. School infrastructure, curriculum, and training materials.
4. School management.
5. Clinical care.

After achieving 95% in assessment, we were acknowledged by INC, Jhpiego and Mchip. Nodal centres will be serving as Training sites for the ANMTC Faculty. Our faculty is actively involved in the programme and also attended the Training of Trainers workshop at Kolkota in Nov 2011.

Safety Measure Classes for Students

A workshop on Safe Injection Practices organized by Safe Point, India was conducted on 3rd September 2011 for students and faculty of the College. Ms. Yogesh Sharma, using multimedia, reiterated the importance of safe injection practices. It was an educative experience for all. On 1st December 2011 safety measure classes on Hospital Waste Management and Prevention of Needle Stick Injury were held for upgrading knowledge and practice of the student nurses in the Health Care setting. A Fire Safety Drill in different batches was organized from 28 - 30 Nov 2011 by our hospital for student nurses. Information about fire safety using fire safety equipments was also provided.

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The issues that follow will be available online