

ANNEXURE -XII
STUDENT'S PERSONALITY DEVELOPMENT ACTIVITIES

Ref. to 11(a)Activities conducted by the Institution.

(STUDENT ACTIVITIES- ROLE PLAY, QUIZ, WORKSHOPS, COMPETITIONS etc.)

S.No.	DATE	Activity	Area /Department
LIST OF ROLE PLAYS PERFORMED BY STUDENTS			
1.	28/04/2023	Role Play on Non Communicable Disease	Rural Health Training Centre, Najafgarh
2.	12/05/2023	Nurses Day Celebration: Our nurses our future	Institute of Human Behavior and Allied Neurosciences
3.	13/05/2023	Stigma Related to Mental Illness	Community Health Center, Sunder Nagari, St. Stephen's Hospital.
4.	24/05/2023	'Management of Schizophrenia' on the occasion of World Schizophrenia Day	OPD of St. Stephen's Hospital
5.	24/05/2023	Role play for public awareness on 'Harmful Effects of Tobacco and its Prevention'	Community Health Center, Sunder Nagari, St. Stephen's Hospital
6.	26/05/2023	Role play on Malnutrition	School Health Project SunderNagari, St. Stephen's Hospital
7.	31/05/2023	World No Tobacco Day Celebration	Institute of Human Behavior and Allied Neurosciences
8.	07/07/23	World Population Day	Aruna Asaf Ali Government Hospital
9.	24/07/23	Family Planning	Community Health Center, Sunder Nagari, St. Stephen's Hospital
10.	03/08/2023	Healthy Food Habits	School Health Project Sunder Nagari, St. Stephen's Hospital
11.	16/08/2023	Green Skills For Youth: Towards A Sustainable World	Community Health Center, Sunder Nagari, St. Stephen's Hospital
12.	26/08/2023	Depression; Prevalence and Awareness	Community Health Center, Sunder Nagari, St. Stephen's Hospital
13.	01/09/2023	Stress Management: Interventional Approach	Community Health Center, Sunder Nagari, St. Stephen's Hospital
14.	02/09/2023	Suicide Prevention: A Global priority	Community Health Center, Sunder Nagari, St. Stephen's Hospital

15.	10/10/23& 13/10/23	Mental Health is a Universal Human Right	OPD of St. Stephen's Hospital
16.	28/11/2023	Elimination of Domestic Violence against Women	Community Health Center, Sunder Nagari, St. Stephen's Hospital

LIST OF COMPETITIONS ORGANISED FOR STUDENTS

1.	24/04/2023	Quiz competition on World Immunization Week	Department of Child Health Nursing, St. Stephen's Hospital College of Nursing
2.	15/04/2023	Collage making competition on World Health Day	Student Nurses Association, St. Stephen's Hospital College of Nursing
3.	30/05/2023	Poster competition on No Tobacco Day	Department of Community Health, St. Stephen's Hospital
4.	26/07/2023	Poster competition on Angdaan Mahotsav	Department of Child Health Nursing, St. Stephen's Hospital College of Nursing
5.	01/08/2023	Documentary making competition on Breast Feeding Week	Department of Obstetrical nursing and Midwifery, St. Stephen's Hospital College of Nursing
6.	03/08/2023	E-Poster competition on Breast Feeding Week	Department of Obstetrical nursing and Midwifery, St. Stephen's Hospital College of Nursing
7.	03/08/2023	Slogan competition on Indian Organ donation Day	Community Health Department, St. Stephen's Hospital
8.	16/08/2023	Best -Out -of- Waste Competition on International Youth Day Celebration	Community Health Department, St. Stephen's Hospital
9.	03/10/2023	Poster competition on 'Mental Health Universal Human Right'	Department of Psychiatry, St. Stephen's Hospital
10.	05/10/23- 06/10/23	'ANUGOONJ' Cultural Competition	Socio Cultural Committee, St. Stephen's Hospital College of Nursing

LIST OF GROUP DISCUSSIONS ORGANISED

1.	22/04/23	Ayush and Allopathy as treatment strategies	Department of Medical Surgical Nursing, St. Stephen's Hospital College of Nursing
2.	31/07/2023	World Hepatitis Day	Department of Medical Surgical Nursing, St. Stephen's Hospital College of Nursing

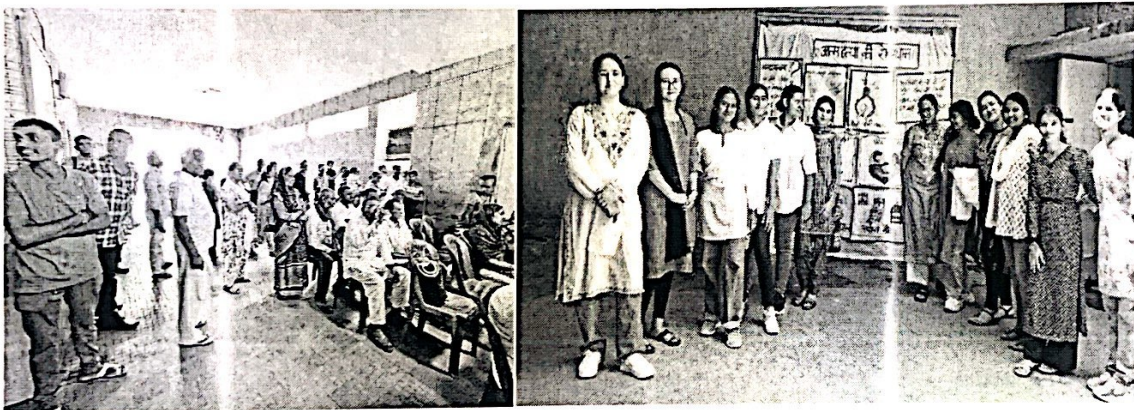
3.	18/09/2023	Suicide Prevention	Department of Psychiatry, St. Stephen's Hospital College of Nursing
4.	29/09/2023	Patient Safety	Department of Obstetrical Nursing and Midwifery, St. Stephen's Hospital College of Nursing
LIST OF WORKSHOPS CONDUCTED			
1.	20/03/2023-27/03/2023	Workshop on Infection Prevention Measures	AIIMS, Delhi
2.	11/09/2022	Workshop on Suicide Prevention	St. Stephen's Hospital College of Nursing
3.	25/10/2023	Workshop on Clinical Nursing Research : Online Mode	College of Nursing AIIMS, Delhi
4.	22/11/2023	Workshop on Stress Management and Life Skill Development	St. Stephen's Hospital College of Nursing



Prof. Dr. Feba Geevarghese
Principal
St. Stephen's Hospital College of Nursing



GLIMPSES OF ROLE PLAYS PERFORMED BY THE STUDENTS







Prof. Dr. Feba Geevarghese
Principal
St. Stephen's Hospital College of Nursing



REPORT ON CELEBRATION OF WORLD IMMUNIZATION WEEK 2023

World Immunization Week was celebrated in St. Stephen's Hospital from 24th to 30th April 2023. The theme for this year is "THE BIG CATH-UP". The event was conducted on 24th April 2023. The event was organized under the Child Health Nursing Department, St. Stephen's Hospital College of Nursing.

This week is celebrated to intending to promote vaccine usage and protect people of all ages from infectious diseases.

The ultimate goal of World Immunization Week is for more children, adults – and their communities – to be protected from vaccine-preventable diseases, allowing them to live happier, healthier lives.

Organizing Committee:

- Ms. Varsha Varghese, Asst. Professor, Dept of Child Health Nursing.
- Ms. Shweta, Asst. Professor, Dept of Child Health Nursing.
- Ms. Ashima, Nursing Tutor, Dept of Child Health Nursing.
- Ms. Vishakha, Clinical Instructor, Dept of Child Health Nursing
- Ms. Suman Thakur, Clinical Instructor, Dept of Child Health Nursing
- Ms. Mahima, Clinical Instructor, Dept of Child Health Nursing

Programme schedule:

- The program was started with prayer by Ms. Sheljy Shajan.
- Revealing of theme of World Immunization Week by Ms. Shweta.
- Facilitation to our Principal, Prof. Dr. Feba Geevarghese and Vice Principal, Prof. Sheeba P. Joseph.
- **Quiz competition** for nursing students (i.e., B.Sc. (H) Nursing 3rd year, GNM 2nd year and Post Basic B. Sc. Nursing 1st year) at 3:30 pm. There were 3 teams (Team A, B and C) and each team consists of 3 students from different classes. Great efforts were made by the students and they were appreciated for their contributions. Faculty teachers also grace the occasion by their presence.
- Announcement of result and a token of appreciation were given to the winning team by our Principal, Prof. Dr. Feba Geevarghese and Vice Principal, Prof. Sheeba P. Joseph. Team B bagged 1st prize.
- Vote of thanks presented by Ms. Suman Thakur.

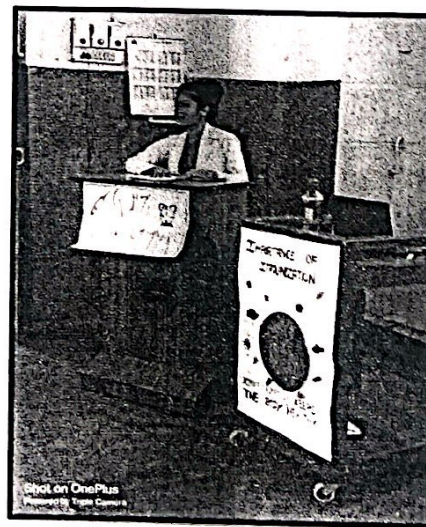
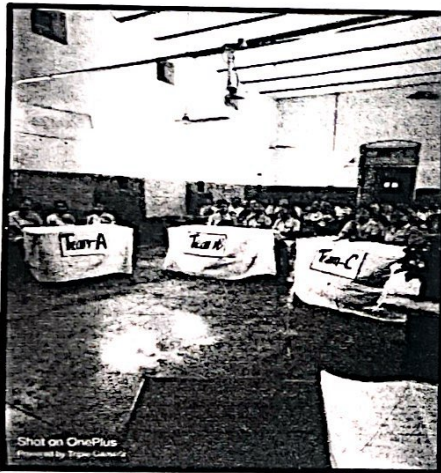
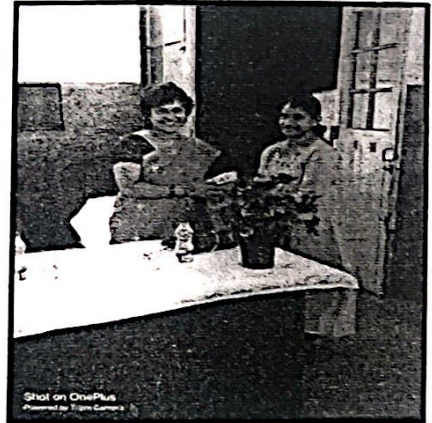
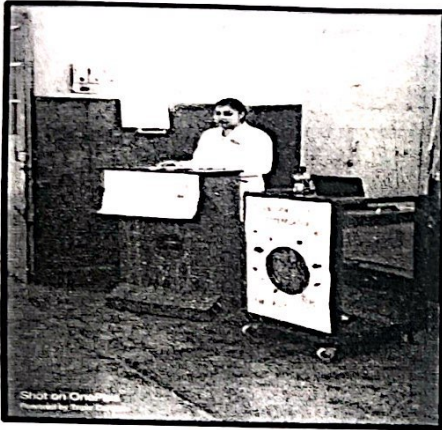
Members of team:

TEAM	NAMES OF MEMBER
TEAM A	Ms. Vinita Ms. Mamta Ms. Mahima
TEAM B	Ms. Muskan Ms. Ashlyn Ms. Jeslet
TEAM C	Ms. Janvi Ms. Shweta Ms. Alma

Due:

The event was organized in B. Sc. (H) 1st year classroom

GLIMPSES OF WORLD IMMUNIZATION WEEK 2023





ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING

 DEPARTMENT OF CHILD HEALTH NURSING

QUIZ COMPETITION

 On the occasion of **WORLD IMMUNIZATION WEEK**


 19TH OF APRIL 2023 "THE BIG CARBUP"

DATE: 24TH APRIL 2023

 TIME: 3:30 PM - 4:30 PM


 VENUE: B. SC. (H) 1ST YEAR NURSING CLASSROOM



 PROF. DR. FEBA GEEVARGHESE

 PRINCIPAL



 MS. SHWETA

 CHILD HEALTH NURSING DEPT.

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING, DELHI

REPORT ON WORLD HEALTH DAY 2023

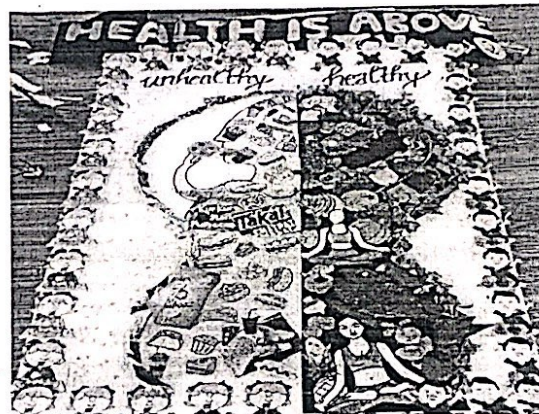
The World Health Organization (WHO) celebrated its 75th Anniversary on 7th April 2023. On the occasion of WHO Day, the Student Nurses Association, under the guidance of Prof. Dr. Feba Geevarghese, Principal, College of Nursing organized a 'Collage Making competition' on the theme-'Health for All'. The competition was conducted on 14th April 2023 at 3:00 PM in the Library. The students of all classes actively participated in the competition. There were 7 groups of 4-5 members each. The groups were given 1 hour to prepare their collage using paper cuttings from newspapers, magazines, photos, materials etc. The collage had to illustrate a sub-theme from the main theme. The judges of the competition were Mr. Innocent Xess, General Superintendent, Dr. Atul Phillips, Senior Consultant and Ms. Gracy Phinao, M.Sc. Nursing Tutor. The winners of the competition were as follows:

1st Position- GNM 2nd years (Ms. Manisha, Ms. Priyanka, Ms. Kashish Bhojwani, Ms. Reetika Rose, Ms. Deepika)

2nd Position- B.Sc. (H) Nursing 3rd years (Ms. Shristi, Ms. Riya Pankaj, Ms. DK Thaiyinnagmui, Ms. Simmi)

3rd Position- B.Sc. (H) Nursing 4th years (Ms. Delna, Ms. Jasela, Ms. Angel Sara, Ms. Ann Teresa, Ms. Serin Shaji)

The competition was appreciated by the Principal, Prof. Dr. Feba Geevarghese.





SNA
SNA Committee

Prof. Dr. Feba Geevarghese
Prof. Dr. Feba Geevarghese
Principal
St. Stephen's Hospital College of Nursing

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING

World Health Day 2023

Student Nurses Association (SNA), St. Stephen's Hospital College of Nursing is organizing a 'Collage Making Competition' on the occasion of 75th Anniversary of WHO Day, to motivate action to tackle the health challenges of today and tomorrow and to attain highest level of health and well being.

One entry from each class in invited.

Theme: 'Health for All'


Venue: Library


Date: 14th April 2023, Friday

Time: 3:30PM-4:30PM

Instructions for the competition:

1. One entry from each class. Number of participants: 3-5.
2. Time limit: 1hr (Groups taking extra time will be disqualified).
3. The collage should be based on the above theme and it should **Illustrate a Sub-Theme.**
4. Students must bring their own material for the collage.
5. Size: Chart paper
6. Material allowed are Newspaper/magazine clippings, photographs, ribbons, bits of coloured or handmade papers, portions of other artwork, markers, pencil, colours, pen, scissors, glue and chart paper.
7. Decision of the evaluation committee would be final.
8. Participants must reach the venue at 3:15 PM

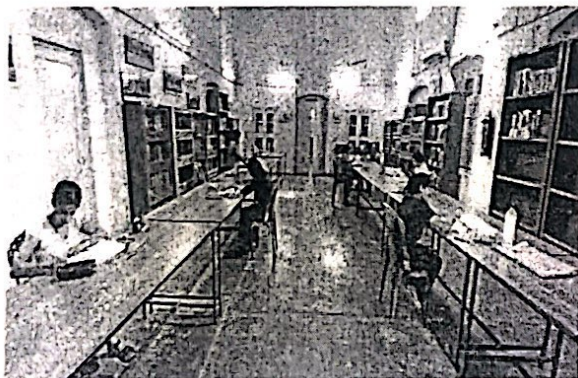
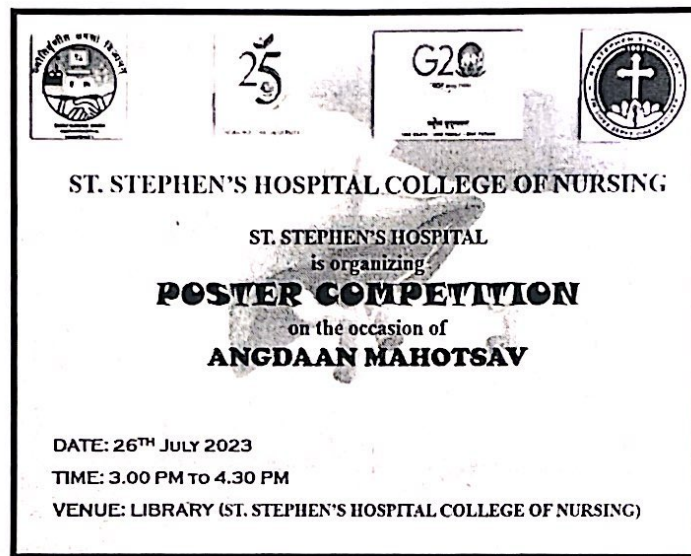

SNA Committee Members

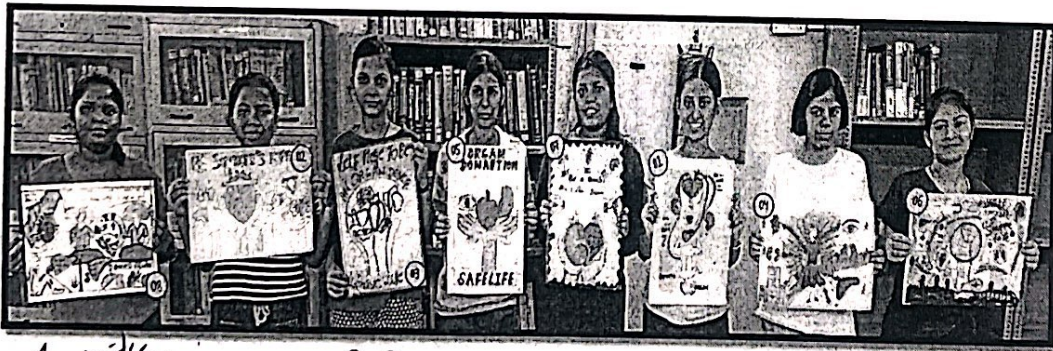
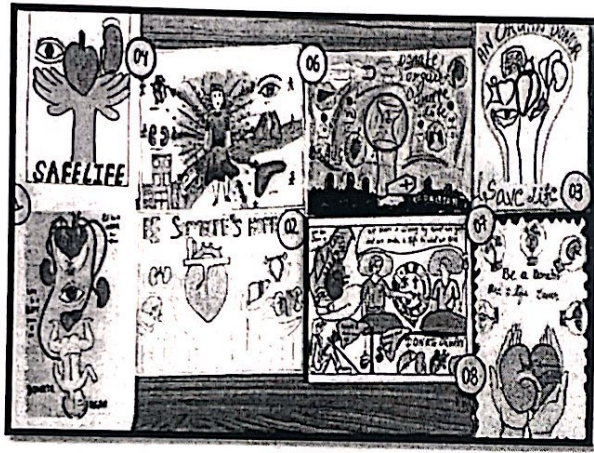
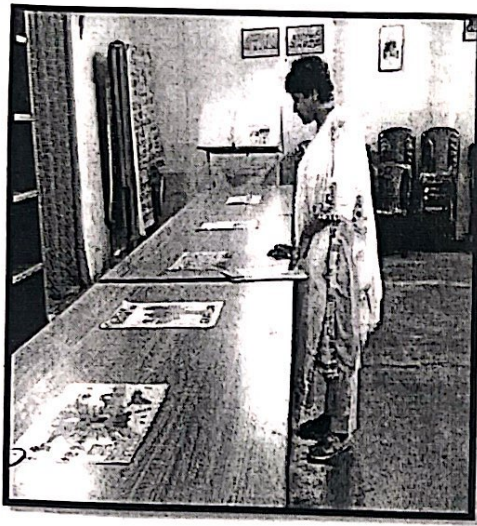

Prof. Dr. Feba Geevarghese
Principal
St. Stephen's Hospital College of Nursing

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING REPORT ON POSTER COMPETITION

St. Stephen's Hospital College of Nursing, Delhi organized a Poster Competition on Organ Donation in the occasion of "Angdaan Mahotsav" on 26th July 2023 from 3.00 pm to 4.30 pm. at the College Library. St. Stephen's Hospital College of Nursing, 8 students of different batches participated in the competition with enthusiasm. The panel of judges for the event were Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing, Dr. S.K. Chumbar, H.O.D., Department of Microbiology, St. Stephen's Hospital and Ms. Lilly Agnes, Nursing Superintendent, St. Stephen's Hospital. The competition aimed to augment awareness about organ donation, dispel myths and misconceptions associated with organ donation and motivate and encourage the students to donate organs and tissue after death, as well as to imbibe the value of organ donation in their lives. Ms. Nikita Roy, student of B.Sc. (Honours) Nursing IV year bagged the prize for Best Poster.

FEW GLIMPSES OF THE EVENT





Karthika
 Ms. Karthika, Ms. Komal, Ms. B. Pooja
 (Organising Committee)

Feba
 Prof. Dr. Feba Geevarghese
 Principal

A brief report on

Breastfeeding week from 01 August 2023 to 07 August 2023

St. Stephen's Hospital College of Nursing celebrated breastfeeding week from the period of 01 August 2023 to 07 August 2023. Many events were conducted with the aim to make nursing students and public to understand and acquire knowledge on breastfeeding that will contribute to increasing knowledge and skills regarding breastfeeding.

The programme was conducted as per direction of Principal Prof. Dr. Feba Geevarghese and guided by Prof. Sheeba P. Joseph, Vice Principal cum HOD of Obstetrics & Gynaecological department.

The activities planned for the week were: -

Documentary making competition and E poster competition

A documentary making competition and E poster competition was organized on this year's breastfeeding week theme "Enabling Breastfeeding: Making a difference for working parents" for the batches of M.Sc. 1st year, Post B.Sc. 1st year, B.Sc. 4th year and GNM 3rd year. Three group of five members each participated in the documentary making competition and 11 students participated in the E-poster competition. The panel of judges for the events were Dr.Naima, HOD of Obstetrics and Gynaecology department, St. Stephen's Hospital, Dr.Pinki Bahl, Senior Consultant, St. Stephen's Hospital and Prof. Sheeba P. Joseph, Vice Principal cum HOD of Obstetrics & Gynaecological Department of College of Nursing. The aim of the competition was to make nursing students to acquire knowledge on breastfeeding and its importance and to understand the challenges faced by working women while breastfeeding and the role of different health care professional in supporting breastfeeding that will contribute to clinical knowledge and skill to deal with the clients.

The winners of the competition were:

Documentary making competition- Ishika, Bharti, Kanishka, Kanika and Shobhna (GNM 3rd year)

E poster competition: 1st prize- Ann Treasa Joy (B.Sc 4th year)

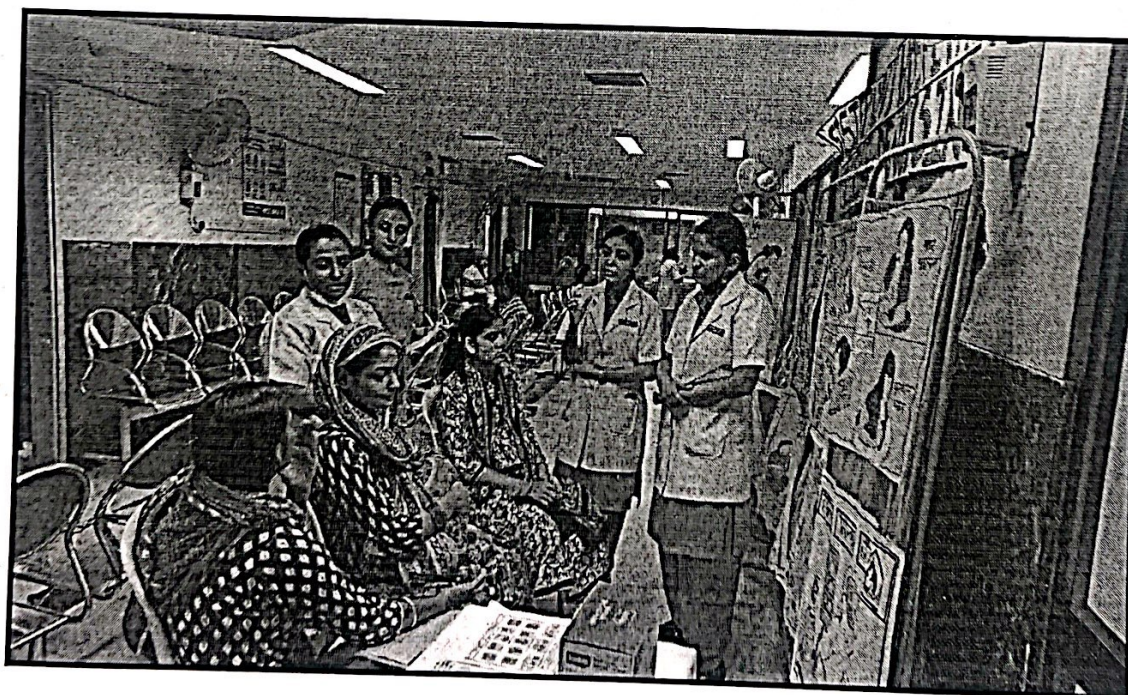
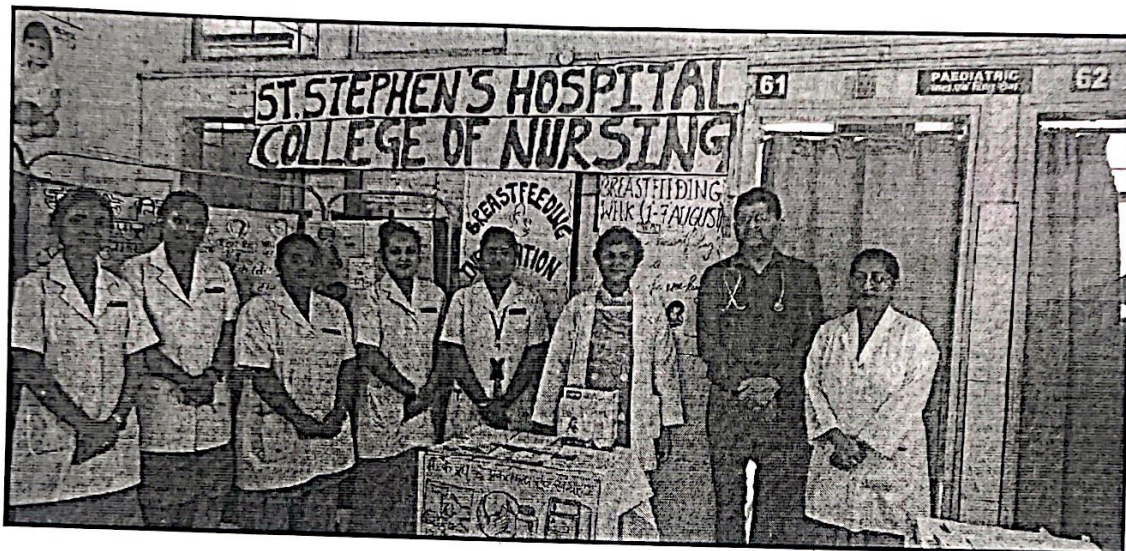
2nd prize- Vinita (Post Basic 1st year)

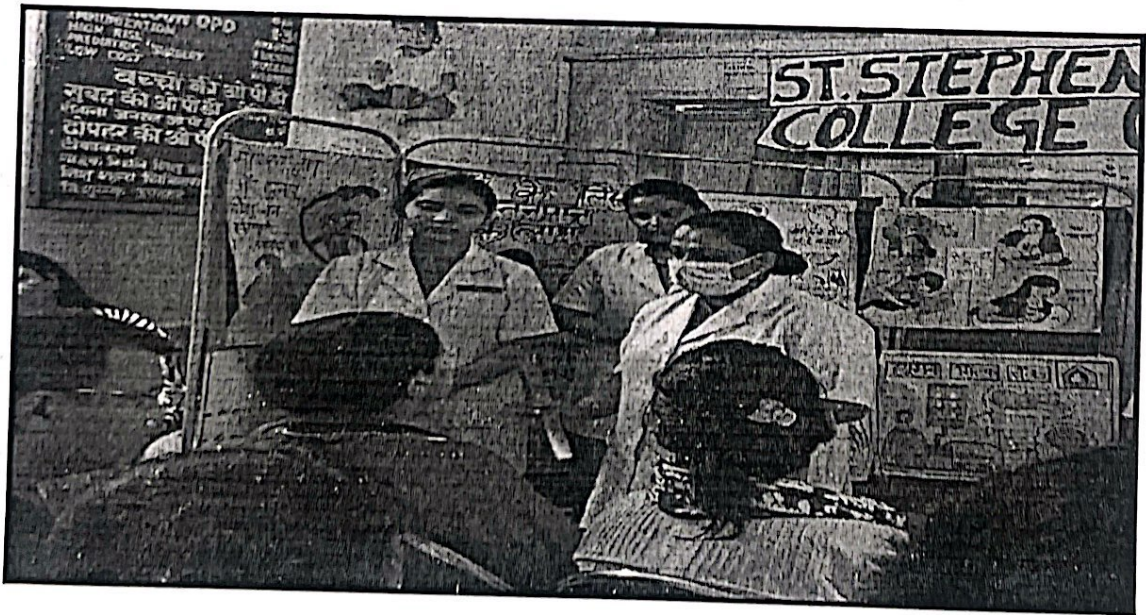
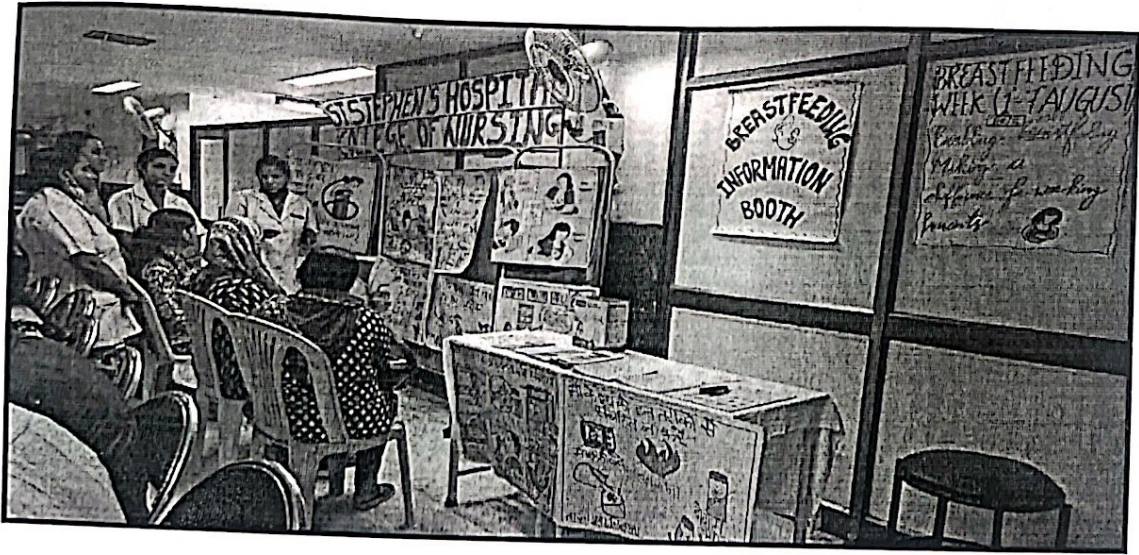
Information Booth on Breast Feeding

An information booth was organized by the Obstetrical and Gynaecological department of College of Nursing and M.Sc 1st year students OBG speciality on breastfeeding on 4th and 7th August 2023 in Gynae and Paediatrics OPD respectively. The aim of the information booth was to educate patients and relatives about breast feeding and its importance, techniques of breast feeding, advantages of breastfeeding for the mother and the baby, exclusive breast feeding, preparing for nursing throughout pregnancy, human milk banking and storage of expressed breastmilk at home with the help of charts and pamphlets. Everyone appreciated

the effort and opined that these kinds of programme are very useful and should be conducted frequently.

A few glimpses of the programmes organized in the week







Organizing committee

Prof. Sheeba P. Joseph

Ms. Rency Jaboi *Rency*

Ms. N. Grace Amitha *Grace Amitha*

Signature of Principal

Prof. Dr. Feba Geevarghese


St. Stephen's Hospital College of nursing

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING
REPORT ON SLOGAN COMPETITION

St. Stephen's Hospital College of Nursing, Delhi organized a Slogan Competition on Organ Donation on the occasion of "Indian Organ Donation Day" on 3rd August 2023 from 11.00 am to 12.30 pm. at the Conference Hall, St. Stephen's Hospital. This day is observed every year on the 3rd of August commemorating India's first successful deceased-donor heart transplant on August 3rd, 1994. 18 students of different batches participated in the competition with great zeal. The panel of judges for the event were Dr. S.K. Chumbar, H.O.D., Department of Microbiology, St. Stephen's Hospital, Ms. Lilly Agnes, Nursing Superintendent, St. Stephen's Hospital and Ms. Mala, Assistant Professor, St. Stephen's Hospital College of Nursing. The slogans recited by the students aimed to raise awareness about organ donation and transplantation. First prize was bagged by Ms. Anisha, B.Sc. (Hons) Nursing II year. The first runner-up for the event was Ms. Sakshi, G.N.M. I year, and the third prize was received by Ms. Manisha, G.N.M. II year.

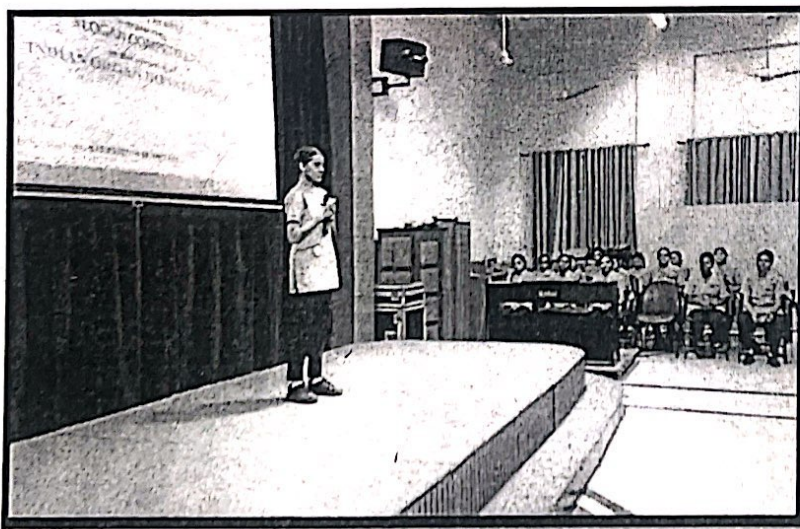
At the end of the event, the eminent panel of judges, the faculty and the students pledged to donate their organs and tissues after death, to save lives and improve the quality of life for those in need.

FEW GLIMPSES OF THE EVENT



ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING
ST. STEPHEN'S HOSPITAL
is organizing
SLOGAN COMPETITION
on the occasion of
INDIAN ORGAN DONATION DAY

DATE: 03RD AUGUST 2023
TIME: 11:00 AM TO 12:30 PM
VENUE: CONFERENCE HALL (ST. STEPHEN'S HOSPITAL)





Karthika
Ms. Karthika, Ms. Komal, Ms. B. P. P.
(Organising Committee)

Feba
Prof. Dr. Feba Geevarghese
Principal

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING

INTERNATIONAL YOUTH DAY

Community Health Nursing Department, St. Stephen's Hospital College of Nursing, Delhi organized a Role play and **Best out of Waste competition** on International Youth Day on 16th August 2023 from 10:30 am to 12N at St. Stephen's Hospital Community Centre, Sunder Nagri. 9 students of the Child to Child Education programme participated enthusiastically in the competition. The panel of judges for the event were Dr. Abha Mangal, H.O.D., Community Health Department, Dr. Vinita, Community Health Department, and Ms. Mala, Assistant Professor, St. Stephens Hospital College of Nursing. The students clinched the first, second, and third position prizes in the competition. The role play was performed by B.Sc. (Hons) Nursing 2nd year students of St. Stephen's Hospital College of Nursing. The role play was conducted on the theme 'Green Skills for Youth: Towards a Sustainable World' and depicts Green skills are "knowledge, abilities, values, and attitudes needed to live in, develop and support a sustainable and resource-efficient society".



Prof. Dr. Feba Geevarghese
Principal
St. Stephen Hospital College of Nursing

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING

REPORT ON INTERNATIONAL YOUTH DAY 2023

"Humanity depends on the boundless energy, ideas, and contributions of youth everywhere. Today and every day, let's support and stand with young people in shaping a just and sustainable world, for people and planet."

-UN Secretary

"Every year International Youth Day is celebrated on the 12th of August to raise awareness about the challenges and issues faced by young people, as well as to promote their active participation in social, economic, and political processes while providing a platform for governments, organizations, communities, and individuals to come together to discuss and address the needs, concerns, and aspirations of young people.

The theme of International Youth Day varies each year and focuses on different aspects of youth development and empowerment so, the 2023 theme is 'Green Skills for Youth: Towards a Sustainable World'. The UN stated, Today, the world is embarking on a green transition. The shift towards an environmentally sustainable and climate-friendly world is critical not only for responding to the global climate crisis but also for achieving the Sustainable Development Goals (SDGs). A successful transition towards a greener world will depend on the development of green skills in the population. Green skills are "knowledge, abilities, values, and attitudes needed to live in, develop and support a sustainable and resource-efficient society".

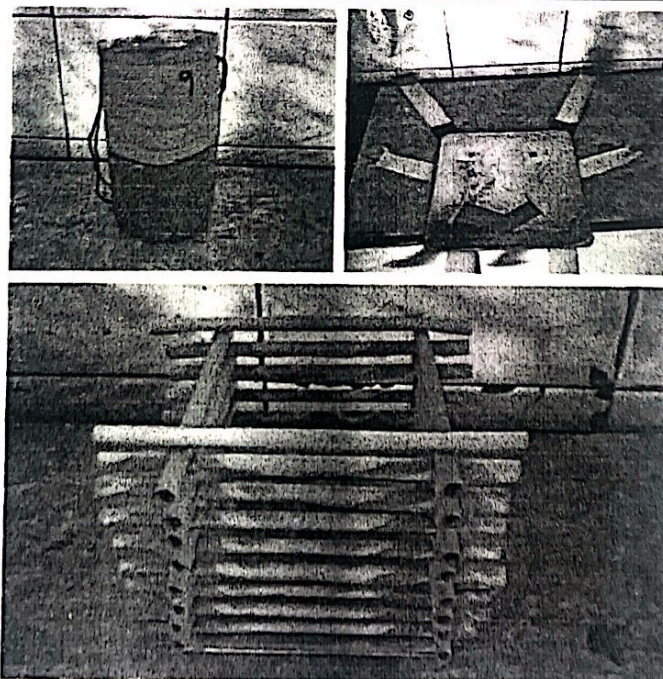
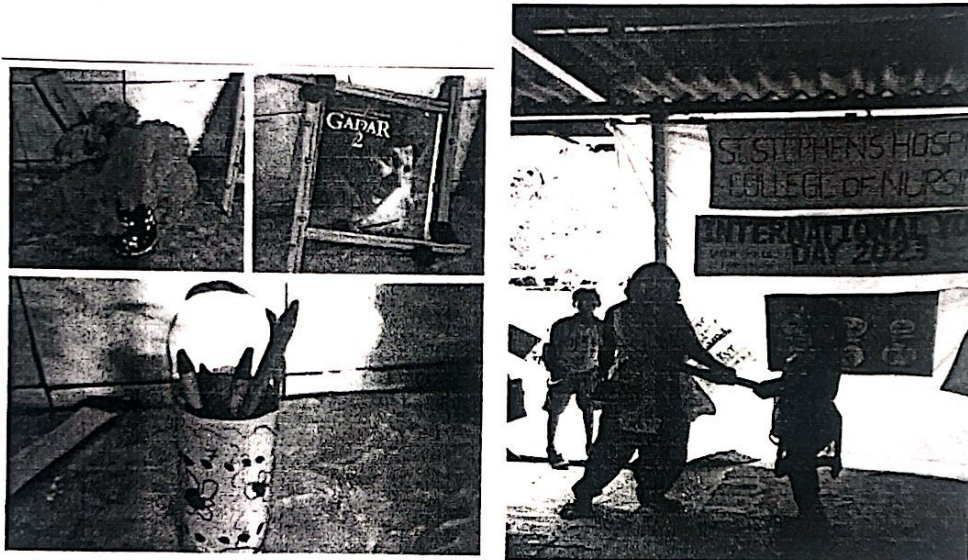
Community Health Nursing Department, St. Stephen's Hospital College of Nursing, Delhi organized a Role play and Best out of Waste competition on International Youth Day on 16th August 2023 at St. Stephen's Hospital Community Centre, Sunder Nagri. 9 students of the Child to Child Education programme participated enthusiastically in the competition. The panel of judges for the event were Dr. Abha Mangal, H.O.D., Community Health Department, Dr. Vinita, Community Health Department, and Ms. Mala, Assistant Professor, St. Stephens Hospital College of Nursing. The students clinched the first, second, and third position prizes in the competition. The role play was performed by B.Sc. (Hons) Nursing 2nd year students of St. Stephen's Hospital College of Nursing. The role play was conducted on the theme 'Green Skills for Youth: Towards a Sustainable World'

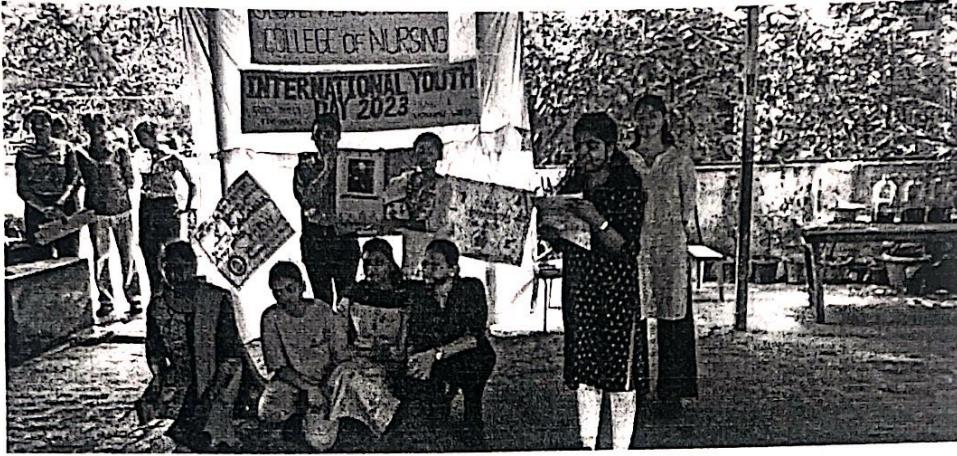
Faculty from the College of Nursing, Dr. Abha Mangal (HOD, Community Health Department, Sundernagari), Dr. Vinita, Community Health Department and staff members from CHC Sundernagari have also attended the Roleplay. Programme was conducted under the supervision of Ms. Mala, Assistant Professor, and Ms. B. Pooja, Tutor, St. Stephens Hospital, College of Nursing.

After role-play, prizes were distributed for 1st, 2nd and 3rd. Programme was supported by Dr. Abha, HOD, and Dr. Vinita, Community Health Department and appreciated the students. Feedback from all the dignitaries and participants was satisfactory.

At the end of the programme, refreshments for all the participants of the Child to Child Education programme were distributed.

GLIMPSES OF THE EVENT





ORGANIZING SECRETARY

Community Health Nursing Department
St. Stephen's Hospital College of Nursing

Ms. Mala

Ms. B. Pooja

Prof. Dr. Feba Geevarghese

Principal

St. Stephen's Hospital College of Nursing

REPORT ON ANUGOONJ, 2023

The Annual fest- Anugoonj (Prelims) of Guru Gobind Singh Indraprastha University was held on 5th and 6th of October, 2023 at KCC INSTITUTE OF LEGAL & HIGHER EDUCATION, GREATER NOIDA.

Anugoonj is one of the biggest cultural fests in Delhi with more than 150 colleges and around 80,000 students taking part. This is the competition for which participants train all year round. The name "Anugoonj" literally translates to "echoing of the small efforts" and in accordance with this meaning, students get an opportunity to realize their hidden talents and get a chance to receive appreciation for their work.

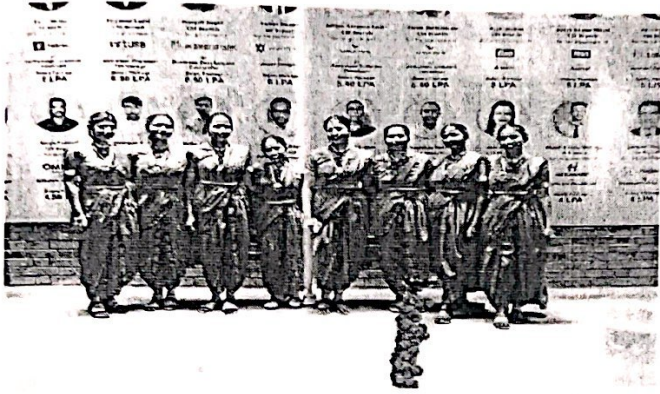
Our college also participated enthusiastically with more than 30 participants who widely participated in events such as Street Dance, Rangoli making, Debate- English, Debate-Hindi, On the spot painting, Collage, Cartooning, Just a Minute (English), folk dance and Quiz.

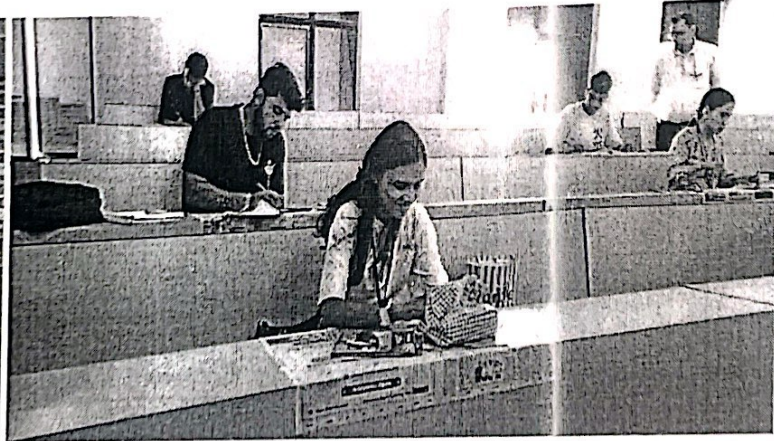
The results of various events of Prelims were declared on 8th October. The following students were qualified to compete in the Anugoonj finals from our College:

- Ms. Varsha B.Sc Nursing 3rd year student, had won the first position in prelims competition of "Cartooning".
- Our students also bagged First position for Choreography and Folk Dance in prelims competition.
- Ms. Ann Riya, B.Sc Nursing 1st year student, also got Second position in Prelims competition of "On The Spot Painting".

Anugoonj finals will be in the Month of February 2024.







Ms. Mala

(Program Coordinator)

Prof. Dr. Feba Geevarghese

Principal, SSHCON

ST.STEPHEN'S HOSPITAL COLLEGE OF NURSOING

REPORT OF GROUP DISCUSSIONS

GROUP DISCUSSION ON AYUSH AND ALLOPATHY

Department of Medical Surgical Nursing of St. Stephen's Hospital College of Nursing organized a debate- cum- group discussion on the occasion of "World Health Day 2023" on **22/04/2023**. Panel of Experts were Prof. Dr.Feba Geevarghese, Principal, Dr.Abha Mangal, H.O.D of Community Health and Dr. Indu, Senior Consultant of Medicine Department.The program started with a prayer by Prof. Sheeba Joseph, Vice Principal. The participants were well prepared and presented the concepts with confidence and clarity.Subject experts clarified the misconceptions related to respective treatment strategies.The students showcased their critical thinking, public speaking and analytical skills infront of a panel of judges. At the end of the program, Ms.SapamAsha, Assistant Professor (Medical Surgical Nursing) delivered the Vote of thanks.



WORLD HEPAPTITS DAY

Department of Medical Surgical Nursing in collaboration with Community Health Department of St. Stephen's Hospital College of Nursing organized a vibrant and impactful rally followed by a group discussion on the occasion of World Hepatitis Day on **31/07/2023**.The main aim of the event wasto promote 'A Hepatitis Free India' as a part of the ongoing efforts to create awareness about preventive strategies of Hepatitis disease. The discussion session was interesting by the active participation of students, teachers, and staff under the guidance of Subject Experts from

the Medical Surgical and Community Health Department .The event was a resounding success in spreading the message of Hepatitis free society.



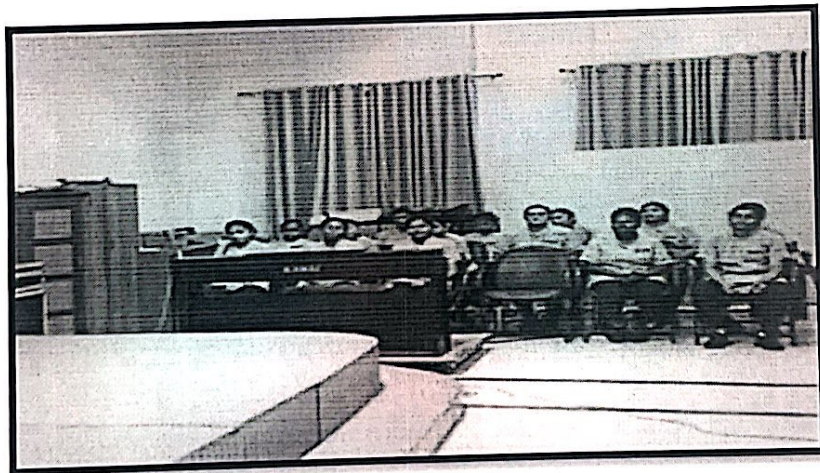
GROUP DISCUSSION ON SUICIDE PREVENTION

Department of Mental Health Nursing, St. Stephen's Hospital College of Nursing, organized a role play followed by group discussion on the occasion of Suicide prevention week on 18/09/2023. Ms. Shinon Samuel, Clinical Psychologist, Prof. Dr. Feba Geevarghese; Principal, College of Nursing, Sr. Lilly Agnes, Nursing Superintendent, Faculty from College of Nursing and B.Sc.(Hons.) Nursing Third year students participated in the event. Patients attending OPDs of the hospital enthusiastically joined the discussion and shared their life experiences. The discussion emphasized the concept of **Interpersonal communication among family members and significant one** as the strategy to relieve the burden of stress.



GROUP DISCUSSION ON PATIENT SAFETY

Department of Medical Surgical Nursing, St. Stephen's Hospital College of Nursing organized a group discussion on Patient Safety on 29/09/2023 for B.Sc. (Hons.)Nursing IV Year students. The students were sensitized towards rendering quality nursing care to patients. The discussion focused on the impact of human error in the lives of patients and to maintain the standards of nursing practice. Subject experts from various departments were involved to provide insightful directions to students.




Prof. Dr. Feba Geevarghese
Principal
St. Stephen's Hospital College of Nursing



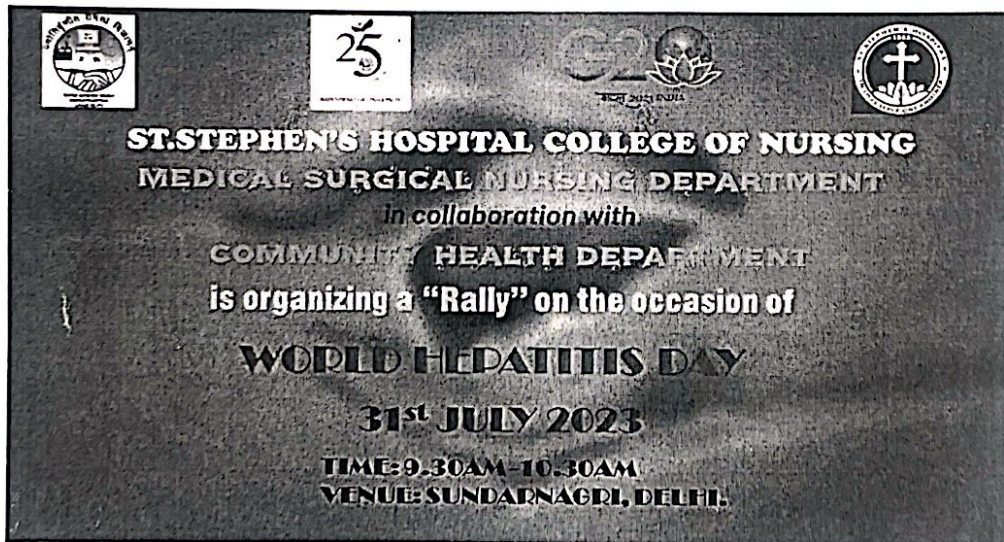
EVENT REPORT

Name of the Activity : Rally on World Hepatitis Day
Theme : One Life One Liver
Activity Date : 31st July 2023

Department of Medical-Surgical Nursing in collaboration with the Community Health Department of St. Stephen's Hospital College of Nursing organized a vibrant and impactful rally to promote a hepatitis-free India as a part of our ongoing efforts to create awareness about preventive strategies of hepatitis disease. The rally, which saw overwhelming participation from students, teachers, and staff, was a resounding success in spreading the message of a hepatitis-free society.

The rally commenced in the morning with a fervent gathering at the community center, Sundernagri. Students, donning college caps, vibrant banners, and placards with powerful slogans against hepatitis disease, exuded a sense of unity and purpose. The atmosphere was electric as the participants marched through the nearby streets, capturing the attention of the local community. Students chanted catchy slogans such as "आओ सब मिल हाथ बढ़ाये हेपेटाइटिस को जड़ से मिटाए" to emphasize the importance of making responsible choices.

The event culminated with a gathering back at the community center of Sundernagri, where the Principal of St Stephen's College of Nursing addressed the participants and reiterated the commitment from all to a hepatitis-free India.





Thank you

Medical - Surgical Nursing Department
(THE ORGANIZER)

- Ms Komal
Komal
- Ms Clavice
Clavice
- Ms Sapam Asha
S. Asha Devi
- MS GRACY
Gracy

Ms. Komal

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING

REPORT ON CELEBRATION OF MENTAL HEALTH WEEK, 2023

Mental Health Week was celebrated by St. Stephen's Hospital College of Nursing in collaboration with the Department of Psychiatry from 03/10/2023-10/10/2023.

Students participated in various activities to create awareness of mental health issues in the society and to mobilize efforts in support of mental health.

A **Poster making competition** on the theme "**Mental Health is a Universal Human Right**" was held for students on 03/10/2023 at Library, College of Nursing and the best three posters were awarded with cash prize and certificates by Dept. of Psychiatry, as follows;

Position Secured	Name of the student	Cash Prize
First	Ms. Rejoice	Rs. 3000/-
Second	Ms. Ann Rhea	Rs. 2000/-
Third	Ms. Josina	Rs. 1000/-

All posters were displayed in the OPD Registration Area with an aim to create awareness among general public on the significance of mental health services.

BRIEF REPORT OF THE ACTIVITIES DONE BY THE STUDENTS

10/10/2023

Students performed a **Role Play** on the topic "**Mental Health is a universal human right**" at the OPD area of St. Stephen's Hospital with an aim to impart information to general public about the prevalence of mental health issues in the society and the available mental health services to restore health.

13/10/2023

Students performed the same **Role Play** on the topic "**Mental Health is a universal human right**" at OPD area of St. Stephen's Hospital. On that occasion, Prizes for students were distributed by Dr. Atmesh Kumar, Senior Consultant, Dept. of Psychiatry.

All the students who participated in the Poster competition and Role Play were appreciated and presented with small gifts. It was an opportunity for students to showcase their talents and to disseminate health education to public as well. All students participated with great enthusiasm and curiosity.

REPORT ON 2nd NATIONAL CONFERENCE ON “PATIENT SAFETY: NO SPACE FOR HUMAN ERR”

“First, do no harm” is the most fundamental principle of any health care service. No one should be harmed in health care; however, there is compelling evidence of a huge burden of avoidable patient harm globally across the developed and developing health care systems. This has major human, moral, ethical and financial implications. Patient safety is defined as “the absence of preventable harm to a patient and reduction of risk of unnecessary harm associated with health care to an acceptable minimum.” Within the broader health system context, it is “a framework of organized activities that creates cultures, processes, procedures, behaviours, technologies and environments in health care that consistently and sustainably lower risks, reduce the occurrence of avoidable harm, make error less likely and reduce impact of harm when it does occur.”

St. Stephen’s Hospital College of Nursing organized a two days 2nd National conference on 28th and 29th September 2023 with the theme: “**Patient Safety: No Space for Human Err**”. The organizing chairperson for the Conference was Prof. Dr. Feba Geevarghese, Principal, St. Stephen’s Hospital College of Nursing. The Chief Guest of the Conference was Dr. Sudhir C. Joseph, Director, St. Stephen’s Hospital. The Inaugural session included welcome address by Principal madam, lighting of the ceremonial lamp and unveiling of the theme of the conference by the Chief Guest.


The conference witnessed the participation of nearly eighty-one staff nurses from different organizations and on the spot registration was also conducted. There was a brief pre-test and post-test which consisted of 15 questions and was aimed at analyzing the previous existing knowledge of the subject matter.


The speakers for the conference were: Ms. Thankam Gomez, Founder & CEO-Cygnia Healthcare, Prof. Dr. Raminder Kalra, Principal, Holy Family, CON, Ms. Jeena Jose, Nursing Superintendent, Holy Family Hospital, Ms. Rimple Sharma, Associate Professor, AIIMS, Prof. Bindu Shaiju, Associate Professor, RFCON, Prof. Dr. Mini George, Principal, ILBS, CON, Ms. Clarice Lyngdoh, M.Sc. Tutor, SSHCON, Dr. S.K Chumber, Senior Specialist, Microbiology, SSHCON, Anugrah Milton, Tutor, RAK, college of Nursing, Prof. Dr. Feba Geevarghese, Principal, SSHCON, Dr. Pragya Pathak, Vice Principal, AIIMS, Ms. Shiny Chacko, Secretary, TNAI. The speakers were welcomed with the planters and were awarded with the memento after the session.

All the sessions were highly beneficial and updated the knowledge regarding patient safety which is a sensitive issue.

The participants actively participated during the sessions and were given a certificates and a bag as a sovenier.




 Prof. Sheeba P. Joseph/Ms.N.Grace Amitha
 Organizing Committee


 Prof. Dr. Feba Geevarghese
 Principal

WE CORDIALLY INVITE YOU
TO OUR
2nd
NATIONAL CONFERENCE
ON

*'Patient Safety: No Space for
Human Err'*

DATES:

28TH – 29TH SEPTEMBER 2023

VENUE: CONFERENCE HALL,

ST. STEPHEN'S HOSPITAL, DELHI

Payment for Registration:

Early Bird: Rs. 1200/- upto 20.09.2023

After 20.09.2023 & On-the-Spot Registration:

Rs. 1400/-

(Tea, Snacks and Lunch will be provided)

Registration and Payment Link

<https://www.ststephenshospital.org/confRegistration>

CONTACT FOR REGISTRATION

Ms. Karthika: 8860215686

Ms. Rency Jaboi: 8860132947

Email: consshdelhi@gmail.com

CHIEF GUEST

DR. SUDHIR C. JOSEPH
DIRECTOR

ST. STEPHEN'S HOSPITAL, DELHI

CONFERENCE CHAIRPERSON

PROF. DR. FEBA GEEVARGHESE
PRINCIPAL

ST. STEPHEN'S HOSPITAL

COLLEGE OF NURSING, DELHI

ORGANIZING COMMITTEE

(Faculty College of Nursing)

PROF. SHEEBA JOSEPH

MS. N. GRACE AMITHA

MS. VARSHA VARGHESE

MS. SHWETA

MS. JAYA SIMON

MS. B. POOJA



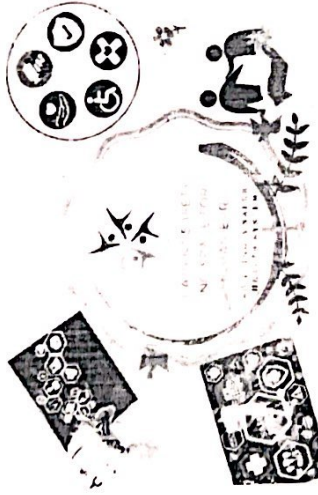
ST. STEPHEN'S HOSPITAL
COLLEGE OF NURSING, DELHI

2nd

NATIONAL CONFERENCE

on

'PATIENT SAFETY: NO SPACE
FOR HUMAN ERR'



Dates: 28th – 29th September 2023

Venue: Conference Hall,
St. Stephen's Hospital, Delhi

11 Credit Hours will
be provided!

GREETINGS

Greetings from St. Stephen's Hospital. Our College of Nursing has immense pleasure in inviting you to the 2nd National Conference from 28th - 29th September 2023.

TARGET GROUP

Nurse Administrators, Nursing Faculty, Nurse Educators, Staff Nurses.

ABOUT THE INSTITUTION

St. Stephen's Hospital, Delhi is a charitable mission hospital established and run by St. Stephen's Hospital Society. It had a humble beginning in 1885 as a 20-bed hospital in Chandni Chowk in memory of Ms. Priscilla Winter, a non medical missionary. By 1908, the hospital into 100 bedded Women and Children's hospital relocated at Tis Hazari. Today this modern well-equipped hospital has a strength of 595 beds in various specialities and super specialities. Education and training of medical, nursing and Allied Health professionals is an ongoing programme in this institution.

Established in 1908 and founded by Ms. Alice Wilkinson, a pioneer and co-author of the constitution of the INC, we have one of the oldest nursing schools in the country. In 1952, we started the A-grade diploma course and then the General Nursing & Midwifery course. In the year 2008, the School of Nursing was upgraded to College of Nursing affiliated to GGSIPU and B.Sc. (Hons.) Nursing was started with 50 seats. We also have M.Sc. Nursing with 15 seats in 3 specialities and Post Basic B.Sc. Nursing with 20 seats.

ABOUT THE THEME

Patient safety is a critical policy issue and remains an important challenge to the health system. The main theme of the conference revolves around understanding the basic concepts and the importance of patient safety.

PROGRAMME SCHEDULE DAY 1 (28.09.2023)

TIME	EVENT	RESOURCE PERSON
8:00-9:00am	Registration and Pre-Test	
9:00-9:45am	Inaugural session Opening prayer Lamp Lighting Welcome address Unfolding of theme Chief Guest's address	
9:45-10:15am	TEA BREAK	
10:15-11:15am	Overview of Patient Safety Goals	Ms. Thankam Gomez Founder & CEO-Cygnia Healthcare, Gurugram
11:15am-12:15 pm	Integration of sound mental health and effective communication among caregivers	Prof. Dr. Raminder Kaira Principal, Holy Family College of Nursing, Delhi
12:15-1:00pm	'We value you': Ethical and Legal issues in patient safety	Prof. Bindu Shaiju Associate Professor Rufaida College of Nursing, Delhi
1:00-2:00pm	LUNCH BREAK	
2:00-3:00pm	Latest Trends in patient safety and care	Dr. Rimple Sharma Associate Professor AIIMS College of Nursing, Delhi
3:00-3:15pm	ACTIVITY	
3:15-4:15pm	Safe Pharmacotherapy: the role of pharmacovigilance in effective patient care	Ms. Jeena Jose Nursing Superintendent Holy Family Hospital, Delhi
4:15-5:00pm	Universal protocols of patient safety in Peri-operative Nursing	Prof. Dr. Minnie George Principal, College of Nursing, Institute of Liver & Biliary Sciences, Delhi
5:00 pm	TEA BREAK	

PROGRAMME SCHEDULE DAY 2 (29.09.2023)

TIME	EVENT	RESOURCE PERSON
8:00-9:00am	Patient Transportation safety	Ms. Clarice Lyngdoh M.Sc. Tutor St. Stephen's Hospital College of Nursing, Delhi
9:00-9:15am	GROUP ACTIVITY	
9:15-10:15 am	Reduction in Risk of HAIs	Dr. S.K Chumber Senior Specialist, Microbiology St. Stephen's Hospital, Delhi
10:15-10:45 am	TEA BREAK	
10:45-11:45 am	Challenges of Maternal and Newborn Safety	Ms. Anugrah Milton Tutor RAK College of Nursing Delhi
11:45-12:45 pm	Plan, Prepare and Practice: Ensuring Quality Care Delivery	Prof. Dr. Feba Geevarghese Principal, St. Stephen's Hospital College of Nursing, Delhi
12:45-1:45pm	LUNCH BREAK	
1:45-2:45pm	Patient Safety Strategy for a better outcome	Dr. Pragya Pathak Vice Principal, Dr. RML Hospital Lucknow, U.P.
2:45-3:45pm	Patient Safety- Nursing Perspective	Ms. Shiny Chacko Secretary, Delhi State Branch, TNA
3:45-4:15 pm	Valedictory session	
4:15-4:30pm	Post Test	
4:30 pm	TEA BREAK	

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING

REPORT OF WORKSHOP ON CLINICAL NURSING RESEARCH: COLLABORATIVE EXCELLENCE

The " Clinical Nursing Research: Collaborative Excellence " workshop was organized by College of Nursing, AIIMS, New Delhi on 25th October 2023 with the goal of equipping participants with advanced research techniques. 10 students from B.Sc. (Hons.) Nursing 4th year participated in the workshop through online mode.

WORKSHOP OVERVIEW

The workshop included a registration fee of online mode Rs.400 for UG/PG students, which was sponsored by Student Nurses Association(SNA) of the College. It featured distinguished speakers from various medical departments. The event included a series of presentations, interactive sessions, and hands-on exercises designed to address challenges faced by students and researchers.

DETAILS OF SESSIONS COVERED

The workshop covered a range of topics, including:

1.) Advancing Nursing Research with Digital Health tools

- Leveraging AI Tools in Nursing Research
- Mobile App Development: Application in Nursing research and Health Practices.
- Digital Health tools for self-care management of Patients.

SPEAKERS:

- Dr. Lakshmi kalyani (Joint Director, Centre for Development of Advanced Computing, India.
- Dr. Rohit Verma (Additional Professor, Dept. of Psychiatry AIIMS, New Delhi.
- Dr. Kavita Radhakrishnan (Associate Professor, School of Nursing University of Texas, Austin.

2.) Quality Improvement Research in Nursing

- Diagnostic Stewardship: A cornerstone of quality nursing care practices.
- Antimicrobial Stewardship: Research Strategies and Continuous Improvement.
- Advancing Nursing Practice through Quality Improvement Research

SPEAKERS:

- Dr. Sangeeta Sharma (Professor, Dept. of Neuropharmacology, IHBAS, New Delhi)
- Dr. Renu Gupta (Assistant Professor Dept. of Microbiology, IHBAS, New Delhi)
- Dr. Smriti Arora (Professor cum Principal, CON, AIIMS, Rishikesh)

Transforming Healthcare through Public Health Research

- Harnessing National Health Programmes and Government Schemes for Building Clinical Nursing Skills
- Epidemiological Research in Nursing: Shaping Public Health Strategies.
- Non invasive Neuromapping and Physiological monitoring in health and disease.

SPEAKERS:

- Dr. Maneesh Singhal (Professor and HOD Burns and Palstic Surgery, AIIMS, New Delhi)
- Dr. Sumit Malhotra (Additional Professor Dept. of Community Medicine, AIIMS)
- Dr. K.P. Kochhar (Professor and HOD, Dept. of Physiology AIIMS, New Delhi)

4.) Novelties in Managerial Nursing Research

- Case Study Approach: Procurement process in hospitals
- Lean Six Sigma: Applications in Managerial Nursing Research
- Building Healthcare Systems: Insights from the Experiential Journey of Nurses.

SPEAKERS:

- Dr. Angel Rajan Singh (Additional Professor, Hospital Administration AIIMS, New Delhi)
- Dr. Latha Venkatesan (Professor cum principal, College of Nursing, AIIMS, New Delhi)
- Ms. Roopa Rawat Singhvi (Rheumatology Nurse Consultant, WHO CCET, AIIMS, New Delhi)

CONCLUSION

In conclusion, the " Clinical Nursing Research: Collaborative Excellence " workshop was instrumental in broadening understanding of Clinical Research practices. The valuable insights gained will undoubtedly contribute to more efficient and successful research outcomes of professional endeavors. All the delegates were provided with the participation certificates also after the successful completion of the workshop.



Prof. Dr. Feba Geevarghese

Principal

St. Stephen's Hospital College of Nursing





College of Nursing, All India Institute of Medical Sciences, New Delhi



&

Clinical Nursing Research Society-North Zone



Certificate of Participation

This is to certify that

Ms. Nidhi S has participated as **Delegate** at the

National Conference on "Clinical Nursing Research: Collaborative excellence"

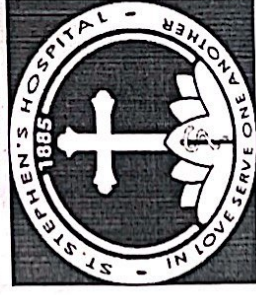
Jointly organized by College of Nursing, AIIMS, New Delhi and Clinical Nursing Research Society-North Zone
held on 25th October, 2023 at College of Nursing, AIIMS, New Delhi

(Credit Hours-6)

Ms. Cecilia M S
Secretary, CNRS-North Zone
Associate Professor, CON, AIIMS, New Delhi

Dr. Latha Venkatesan
President, CNRS-North Zone
Professor cum Principal, CON, AIIMS, New Delhi

ST. STEPHEN'S HOSPITAL
COLLEGE OF NURSING
DELHI



Organizing a WORKSHOP ON
"SUICIDE PREVENTION"



DATE: 11TH SEPTEMBER 2023
VENUE: CONFERENCE HALL
TIME: 8:15AM-4:00PM

CHIEF GUEST
DR. SUDHIR C. JOSEPH
DIRECTOR

ST. STEPHEN'S HOSPITAL
TIS HAZARI, DELHI

ORGANIZING CHAIRPERSON

PROF. DR. FEBA GEEVARGHESE

PRINCIPAL

ST. STEPHEN'S HOSPITAL, COLLEGE OF

NURSING

TIS HAZARI, DELHI

ORGANIZING COMMITTEE

MS. RENCY MOLJABOI

(M.SC. NURSING TUTOR)

MS. SHALINI SINGH

(CLINICAL INSTRUCTOR)

MS. AKANSHA DAVID

(CLINICAL INSTRUCTOR)

POST BASIC BSC NURSING SECOND

YEAR

SHIVANI

PRIYANKA TIWARI

GREESHA JOHNSON

VISHAKHA JOHN

VARSHA RANI GAUTAM

ARUNA

PRIYANKA SAINI

ANCHAL

GHANAKSHI



CONTACT FOR REGISTRATION

MS. GHANAKSHI-9873945031

MS. SHIVANI-7678692413

GREETINGS

Greetings from St. Stephen's Hospital. Our College of Nursing has immense pleasure in inviting you to the WORKSHOP scheduled on 11th September 2023.

TARGET GROUP

"Nursing Students of College Of Nursing, St Stephen's Hospital"

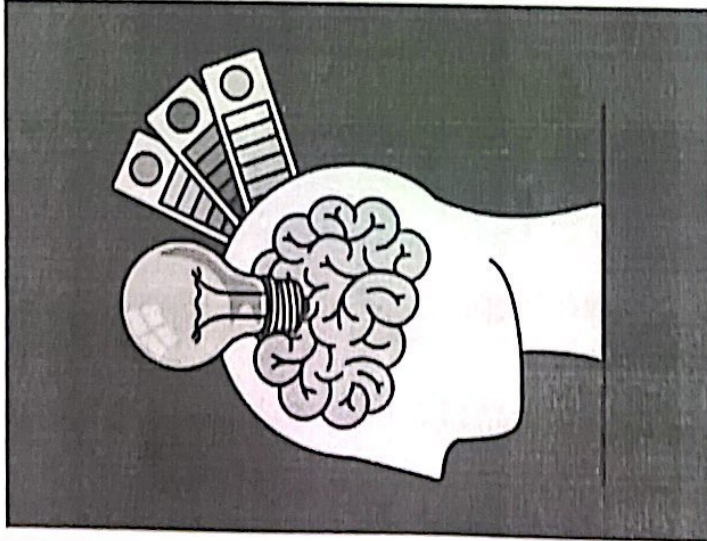
ABOUT THE INSTITUTION

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ABOUT THE THEME

Suicide is a serious public health problem that can have lasting harmful effects on individuals, families, and communities. There are many factors that contribute to suicide. The goal of suicide prevention is to reduce factors that increase risk and increase factors that promote resilience.

TIME	EVENT	RESOURCE PERSON
08:15-08:30 AM	Registration	Ms. Ghanakshi & Ms. Shivani
08:30-08:45 AM	Pre-test	Ms. Greeshma Johnson & Ms. Varsha
08:45-09:00 AM	Inaugural session • Prayer Song • Prayer	Bsc Nursing 2 nd year Students Rev. Poonam
09:00-09:45 AM	Welcome address by Prof. Dr. Feba Geevarghese	
09:45-10:30 AM	Chief Guest address – Dr. Sudhir C. Joseph, Director Session 1: Introduction: • Prevalence of suicide threat among people	Ms. Sakshi Mehta (Clinical Psychologist)
10:30-10:45 AM	Tea break	
10:45-11:30 AM	Session 2: How to recognise suicide threat	Dr. Rupali Sivalkar(HOD, Dept. of Psychiatry)
11:30-11:45 AM	Group activity 1	
11:45-12:30 PM	Session 3: Strategies to reduce the risk factors of suicidal thoughts.	Ms. Shinon Samuel (Clinical Psychologist)
12:30-01:30 PM	Lunch break	
01:30-02:15 PM	Session 4: Management and preventive approach.	Dr. Atmesh (Consultant, Dept. of Psychiatry)
02:15-02:30 PM	Group activity 2	
02:30-03:30 PM	Session 5: Nurses role in managing the patient with suicidal ideation.	Ms. Jaya Simon (Msc. Nursing Tutor)
03:30-04:00 PM	Valedictory session • Post test • Feedback of participants • Test results • Vote of thanks	Ms. Aruna Ms. Priyanka Saini Ms. Anchal Ms. Vishakha John



CONTACT FOR REGISTRATION

MS. ANJURI

7827523784

MS. JOSINA

9650948256

CHIEF GUEST

PROF. DR. FEBA
GEEVARGHESE

PRINCIPAL

ST. STEPHEN'S HOSPITAL
COLLEGE OF NURSING

TIS HAZARI, DELHI

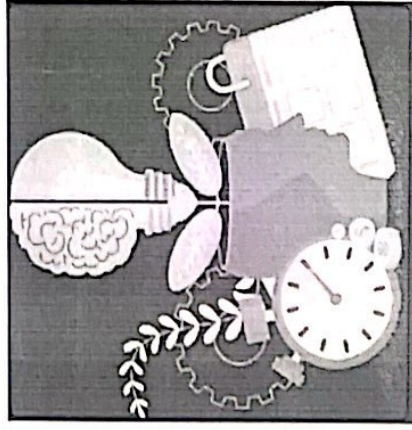
ORGANIZING COMMITTEE

- Prof. Sheeba Joseph
(Vice-principal, College
of Nursing)
- Ms. Sheljy Shajan
(Associate professor)
- Ms. Komal
(M.Sc. Nursing Tutor)
- B.Sc. 4th year Students

ST. STEPHEN'S HOSPITAL
COLLEGE OF NURSING,
DELHI



ORGANIZES A WORKSHOP ON
"STRESS MANAGEMENT"



UNWIND THE MIND:
STRESS LESS, LIVE
MORE

GREETINGS

Greetings from St. Stephen's Hospital College of Nursing, Delhi. It gives us immense pleasure to invite you to the Workshop scheduled on 22 November 2023.

TARGET GROUP

B.Sc. (Hon.) Nursing First year Students (Semester-I)

ABOUT THE INSTITUTION

St. Stephen's Hospital, Delhi is a charitable mission hospital, established and run by St. Stephen's Hospital Society. It had a humble beginning in 1885 as 20-bedded hospital in Chandni Chowk in memory of Ms. Priscilla Winter, a non-medical Missionary. By 1908 the hospital grew into a 100 bedded Women and Children's hospital relocated in Tis Hazari. Today, this Modern well-equipped hospital has a strength of 595 beds in various specialties and super specialties. Education and training Of Medical, Nursing and Allied Health Professionals is an ongoing Programme in this institution. In 2012, St. Stephen's Hospital Health Care Facility was opened in Gurugram, Haryana. Established in 1908 and founded by Ms. Alice Wilkinson, a pioneer and co-author of constitution of the INC, we have one of the oldest Nursing schools in the country. In 1952, we started the A-grade Diploma course and then General Nursing and midwifery course. In the year 2008 the school of Nursing was upgraded to College of Nursing affiliated to GGSIPU and B.Sc. (Hons.) Nursing was Started with 50 seats. We have 15 seats in M.Sc. Nursing and 20 seats in Post Basic B.Sc. Nursing.

ABOUT THE THEME

Stressful situations are an unavoidable part of life. Time, money and energy will always have limits. With a better understanding of stress and a little practice, however, the effects of stress can be lessened or eliminated. Our theme "STRESS MANAGEMENT AND LIFE SKILL DEVELOPMENT", is based on easing academic stress, build self-confidence and positive relationships, improve attitude and make mental calculation simpler.

PROGRAMME SCHEDULE

VENUE : Conference hall
DATE : Wednesday, 22nd November 2023
TIME : 8AM-1PM

TIME	EVENTS	RESOURCE PERSON
08-08:30 AM	Registration & Pre-test	
08:30 - 09:00 AM	Inaugural session ❖ Prayer ❖ Welcome speech ❖ Unveiling the Theme ❖ Chief Guest address- Prof. Dr Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing	
09:00 AM -09:30AM	Tea Break	
09:30 AM- 10:00 AM	Session: I Stress among adolescents: Prevalence and Manifestations	Dr. Atmesh Kumar MD, Psychiatry Senior Consultant St. Stephen's Hospital
10:00 AM - 10:45 AM	Session: II Stress Management: Taking mind off the problem	Ms Sakshi Mehta M.A.M.Phil. (Clinical Psychology) RCI Clinical Psychologist St. Stephen's Hospital
<i>Quiz Time</i> 10:45AM-11:00AM		
11:00 AM - 12:00 PM	Session: III Stress Management techniques: Practice based intervention	Ms Shinson A Samuel M.A M.Phil.(Clinical Psychology) RCI Clinical Psychologist St. Stephen's Hospital
12:00PM-12:30PM <i>Group Activity</i>		
	Valedictory session ❖ Post Test ❖ Participant response ❖ Vote of Thanks	

REPORT OF SHORT COURSE ON "HOSPITAL INFECTION PREVENTION, CONTROL AND MANAGEMENT" - AIIMS, NEW DELHI

A workshop was organized by college of nursing, AIIMS, New Delhi under Development of Nursing Services Scheme of Ministry of Health and Family Welfare (MoHFW), Govt. of India from 20th to 27th march 2023 at C.M.E.T wings, AIIMS, New Delhi.

Expert speakers from different departments of AIIMS hospital and College of Nursing lead the sessions of the seven-day short course as resource persons.

Three faculties and four Post Basic BSc first year attended the short course enthusiastically.

The workshop started with registration process followed by pretest and introductory session.

Day 1.

The topics including "burden of hospital acquired infection and disease threat old and new, epidemiology of infection" were discussed in presentation. Afternoon session included a case discussion and group discussion on types of infection and hospital acquired infection.

Day 2.

Sessions were taken upon microbial classification and structure, standard safety precautions and infection control practices in different units- ICU, Ward and OPD followed by skill stations using simulation scenarios with reference to hand hygiene, respiratory etiquettes and proper donning and doffing of personal equipment and also discussed case scenarios for using different kind of personal protective equipment as per the given situations.

Day 3.

The training session was taken upon audit in surveillance, sharp injury protocol and safe injection practices. Post lunch session included skill stations with demonstrations of safe injection practices and sharp disposal.

Day 4.

Invited speakers took session regarding understanding the immune system, the nature and the pathogenesis of infection, collection and transportation of specimen and sepsis.

Visit to sewage treatment plant followed by case discussion on sepsis and pathogenesis of infection was also organized in afternoon session.

Day 5.

Sessions were upon cleaning, disinfection and sterilization, segregation and handling of laundry, special considerations in handling equipment which followed by hands on training of cleaning, disinfection and sterilization methods to be followed for various equipment and preparation of disinfectants.

Additional sessions were taken upon prevention and management of catheter associated urinary tract infection, surgical site infection, central line associated blood stream infection chemical safety measures proceeded by the hands on sessions for the aforementioned HAI's .

Day 7.

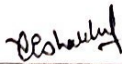
The topics for the final day course included biomedical waste management, hazardous material and spill management and hospital infection control committee's responsibilities and functions. Post-test was done in which all the delegates scored above 75%. Finally, the valedictory session was hosted by Ms. Cecilia Mary. S and the chief guest for the event was Dr. Deepika C Khaka, Nursing Advisor Govt. of India.

Overall the short course was well organized, informative and interactive. It was a great learning experience to gain knowledge upon infection prevention and control measures to be implemented based on evidence-based practices as per the CDC guidelines.

The programme sheet enclosed along with the report.

ACULTIES ATTENDED

- 1) Ms. Rana Kamar
(MSc tutor)
- 2) Ms. Vishakha Rawat
(Clinical Instructor)
- 3) Ms. Feba Sam
(Clinical Instructor)



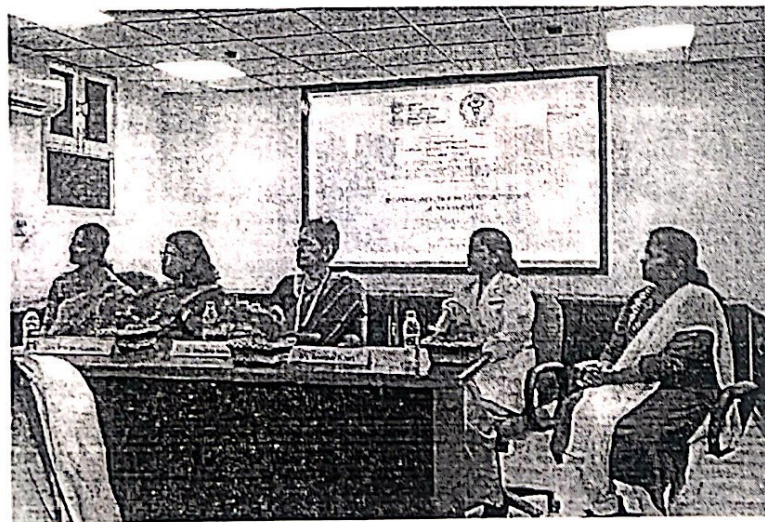
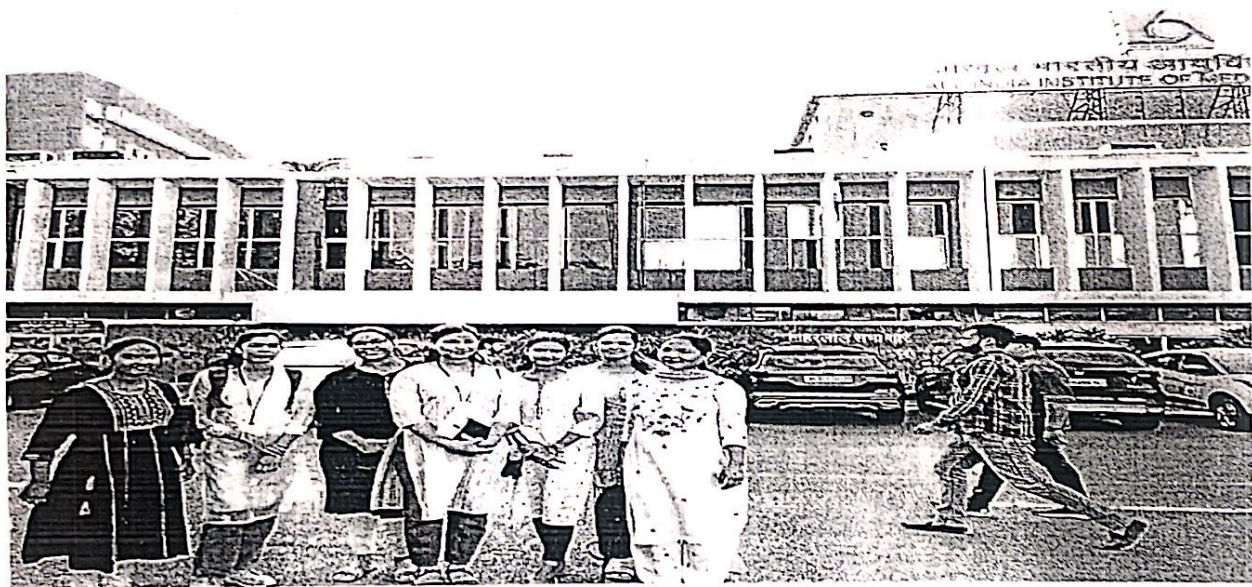
TUDENTS ATTENDED (PBBS Nursing First Year)

1. Vinita Vaushie
2. Nisha NPsha
3. Jaanvi Janvi
4. Muskan Muskan



Prof. Dr. Feba Geevarghese
Principal cum professor
College of Nursing

Few glimpses of the event.





College of Nursing
All India Institute of Medical Sciences, New Delhi

Certificate of Participation

This certificate is awarded to

Vinita

for his/her participation in the Short Course on
“Hospital Infection Prevention, Control & Management”
organized by College of Nursing, AIIMS New Delhi
under Development of Nursing Services Scheme of MoHFW, Govt. of India
from 20th to 27th March, 2023

Ms. Cecilia M.S
Programme Coordinator
Associate Professor, College of Nursing

Dr. Latha Venkatesan
Programme Chair
Professor cum Principal, College of Nursing

College of Nursing
All India Institute of Medical Sciences, New Delhi



Certificate of Participation

This certificate is awarded to

Jarvi

for his/her participation in the Short Course on
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**ST. STEPHEN'S HOSPITAL
COLLEGE OF NURSING
DELHI**

**REPORT ON
STRESS MANAGEMENT**

SUBMITTED TO:

Ms. Sheljy Shajan
Associate Professor
St. Stephens Hospital
College of Nursing

Sheljy Shajan
21/12/2022

SUBMITTED BY:

B.Sc. (Hons.) Nursing
4th year
Batch: 2018-2022

Principal (cont)
20/01/2023

INTRODUCTION

"The greatest weapon against stress is our ability to choose one thought over another."

- William James

In an effort to spread awareness regarding stress management, we, the students of B.Sc. (H) Nursing 4th year conducted a workshop on "Stress Management" on 23rd November 2022 from 8:00 am to 3:00 pm, which was given to 1st year students of B.Sc. (H) Nursing and General Nursing and Midwifery courses.

Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing, was the Organizing Chairperson of the Workshop. Prof. Sheeba P. Nath, Vice-Principal, St. Stephen's Hospital College of Nursing, was the Organizing Secretary and Ms. Sheljy Shajan, Associate Professor, Ms. N. Grace Amitha, Nursing Tutor and B.Sc. (Hons.) Nursing 4th Year, were the organizing committee of the workshop.



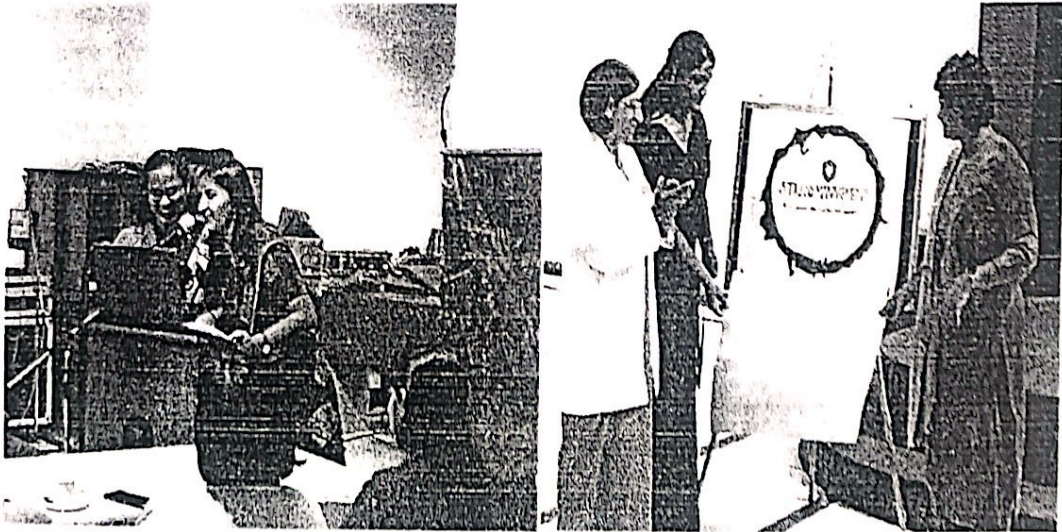
DESCRIPTION OF ACTIVITIES DONE

The workshop on stress management was conducted on 23rd November 2022 under guidance of Prof. Dr. Feba Geevarghese, Principal, SSHCON and Ms. Sheljy Shajan & Ms. N. Grace Amitha who guided us from planning to organizing the workshop in a coordinated manner.

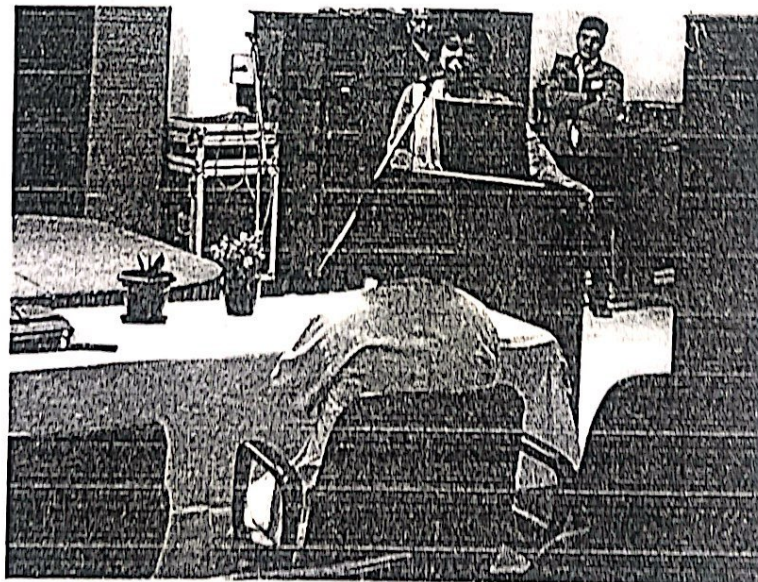
The workshop started at 8:00 am with registration and pre-test for the workshop. A total of 74 students enrolled in the workshop and submitted their pre-test before the start. The pre-test consisted of 20 questions. Registration was closed by 8:15 am and pretest was collected. After pretest, a Bible verse was read and a prayer song was sung by the organizing members of B.Sc. (Hons) Nursing 4th year for the blessing and grace of God throughout the workshop.



The Guests and the resource persons as well as the participants of the workshop were welcomed by the emcee, Ms. Sharon S. James and unveiling of the theme for the workshop was done by Principal Ma'am and Vice-Principal Ma'am. The theme, "Rise above the Turbulent Waves" was then described by Ms. Kezia K. Kuruvilla.



After unveiling of the theme, the chief guest of the day, Prof. Dr. Feba Geevarghese addressed the participants and gave tips to tackle their stress throughout the years of their studies which was beneficial to the gathering as it gave ways and tricks to manage stress easily in daily life of an individual.



SUMMARY AND CONCLUSION

Through this workshop, the organizers and participants were able to impart knowledge and practical skills regarding Stress Management. The students coping and comprehensive skills were assessed through a pre-test and post-test, there after feedback from audience was collected which had an overall positive response.

The workshop took place on 23rd November, 2022. It was organized in the context of Stress Management.

The main objectives were to:

1. To identify various stressors in 1st year Nursing students.
2. To understand the concept of stress management.
3. To practice various stress relieving techniques.

The workshop was organized into 3 main sessions. The session started by conducting a pre-test to assess the knowledge of audience followed by the introduction by the representative of the workshop and then the prayer session was held and welcoming chief guest for the workshop. Prof. Dr. Feba Geevarghese. The different sessions were taken by resource person.

Session 1 - by Ms. Karthika Krishnan, Assistant Professor, St. Stephen's Hospital College of Nursing regarding "Interventional approach to low self-esteem among adolescence".

Session 2 - by Dr. Atmesh Kumar, Senior Consultant, Department of Psychiatry, St. Stephen's Hospital, on "Stress management-Taking Mind off the problem".

Session 3 - by Ms. Sakshi Mehta, Clinical Psychologist, St. Stephen's Hospital, on "Stress Management Techniques".

The Evening session consisted of a Mime and game activities.

Post-test was conducted; feedback was taken from the participants.

The workshop was concluded by Vote of Thanks from the representatives.