



The Stephen's Chronicle

Official Magazine of St. Stephens Hospital College of Nursing

Tis Hazari, Delhi, 110054, Ph.- 011-23966021(Ext-677), Fax 011-23932412
Web: ststephenshospital.org, E-mail: consshdelhi@gmail.com

Vol 4, Issue 2
May-Aug 2023

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. (Holy Bible)

Principal's Ink

Our College bustles with activities all the year round. Our College is a place where our focus is not only to groom students as Nurses but we also take efforts to shape their overall personality. In addition to academics attention is concurrently given to their curricular and extra-curricular talents. Students are encouraged to identify and bring out the best of their abilities and talents.

Ms. Rashmi our Post Basic B.Sc. Nursing student made our institution proud by receiving Gold Medal in the 15th Convocation of the University. During this quarter, we organized various activities such as role play, poster competitions and created public awareness on 'World Schizophrenia Day', 'World No Tobacco Day', 'World ORS Day'. We also had a Slogan competition on 'Angdaan Mahotsav' and we pledged to donate organs to mark the 'Indian Organ Donation Day'. A rally was organized on 'World Hepatitis Day' in collaboration with our Community Health Department, Sunder Nagar to create awareness among the local community. Breastfeeding Week was celebrated with an array of activities throughout the first week of August such as E- Poster competition, Documentary making and Patient Information Booth to sensitize public to the Breastfeeding theme.

As GNM students prepare for the forthcoming Annual Examinations we also look forward to welcome the new batch of students for this academic session. The cycle continues..



Prof. Dr. Feba Geevarghese
Principal
St. Stephen's Hospital College of Nursing

A.V. AIDS EXHIBITION

M.Sc. Nursing 1st year students conducted an Audio-Visual Aids Exhibition on 20th May 2023 at College of Nursing. The students prepared and presented various projected and non projected AV Aids that included different types of charts, models, printed aids etc. They prepared a working model of a dialysis machine. All the faculty and students of the college attended the exhibition.



'WORLD SCHIZOPHRENIA DAY'

The Department of Mental Health Nursing organized a Role play on 'Management of Schizophrenia' on the occasion of 'World Schizophrenia Day' on 24th May 2023. The Role play was presented based on the theme: Celebrating the Power of Community Kindness, by B.Sc. (Hons) Nursing 4th year students for the patients and relatives in the General O.P.D. and the Waiting area of St. Stephen's Hospital, Delhi. The role-play emphasized on the role of community in the management of Schizophrenia.

**'INTERNATIONAL NURSES DAY' AND 'FRESHER'S PARTY'**

The College of Nursing celebrated International Nurses day and Fresher's party on 29th May 2023. The Chief Guest for the occasion was Dr. Sudhir C. Joseph, Director of our Hospital. The theme of this year's Nurses day was 'Our Nurses-Our Future'. The students of B.Sc. (Hons) Nursing 3rd year presented a wonderful theme based skit. The new students of GNM, B.Sc. (H) Nursing, Post Basic B.Sc. Nursing and M.Sc. Nursing were given a welcome party. The theme for the event was 'GLITZ and GLAM'. The students were well dressed for the occasion. Various programmes were presented by the students. Ms. Sonali, GNM student was crowned Ms. Fresher.





'WORLD NO TOBACCO DAY 2023'



A Role play for public awareness on 'Harmful Effects of Tobacco and its Prevention' on 31st May 2023, was conducted in the O.P.D. areas of St. Stephen's Hospital by 25 B.Sc. (Hons) Nursing 4th year students of St. Stephen's Hospital College of Nursing. The Role play was conducted on the occasion of 'World No Tobacco Day 2023' on the theme "Grow Food, Not Tobacco". The Role play was appreciated by everyone.



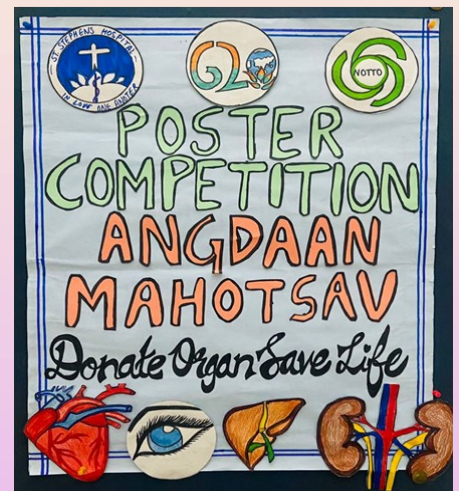
POSTER COMPETITION ON 'WORLD NO TOBACCO DAY 2023'

Poster competition was held at Institute of Human Behaviour & Allied Sciences (IHBAS), Delhi on 31st May 2023 on the occasion of 'World No Tobacco Day'. Our college students of Post Basic B.Sc 2nd year batch bagged prizes. Ms Anchal and Ms Ghanakshi got 1st prize and Ms Priyanka Saini and Ms Vishakha received 3rd prize.



'ANGDAAN MAHOTSAV'

St. Stephen's Hospital College of Nursing, Delhi organized a Poster Competition on Organ Donation in the occasion of "Angdaan Mahotsav" on 26th July 2023, at the College Library, St. Stephen's Hospital College of Nursing. 8 students of different batches participated in the competition with enthusiasm. The panel of judges for the event were Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing, Dr. S.K. Chumber, H.O.D., Department of Microbiology, St. Stephen's Hospital and Ms. Lilly Agnes, Nursing Superintendent, St. Stephen's Hospital. The competition aimed to augment awareness about organ donation, dispel myths and misconceptions associated with organ donation and motivate and encourage the students to donate organs and tissue after death, as well as to imbibe the value of organ donation in their lives. Ms. Nikita Roy, student of B.Sc. (Hons) Nursing IV year bagged the prize for Best Poster.





SLOGAN COMPETITION ON THE OCCASION OF 'INDIAN ORGAN DONATION DAY'



St. Stephen's Hospital College of Nursing, Delhi organized a Slogan Competition on Organ Donation on the occasion of "Indian Organ Donation Day" on 3rd August 2023 from 11.00 am to 12.30 pm, at the Conference Hall, St. Stephen's Hospital with 18 participants. This day is observed every year on the 3rd of August commemorating India's first successful deceased-donor heart transplant on August 3rd, 1994. Students of different batches participated in

the competition with great zeal. The panel of judges for the event were Dr. S.K. Chumber, H.O.D. Department of Microbiology, St. Stephen's Hospital, Ms. Lilly Agnes, Nursing Superintendent, St. Stephen's Hospital and Ms. Mala, Assistant Professor, St. Stephen's Hospital College of Nursing. The slogans recited by the students aimed to raise awareness about organ donation and transplantation. First prize was bagged by Ms. Anisha, B.Sc. (Hons)



Nursing II year. The first runner-up for the event was Ms. Sakshi, G.N.M. I year, and the third prize was received by Ms. Manisha, G.N.M. II year.

At the end of the event, the eminent panel of judges, the faculty and students pledged to donate their organs and tissues after death, to save lives and improve the quality of life for those in need.



POSTER COMPETITION ON 'WORLD ORS DAY' AT ARUNA ASAF ALI GOVERNMENT HOSPITAL (AAAGH)



Our Students of B.Sc. 4th Year participated in a Poster Competition conducted by Aruna Asaf Ali Hospital on 28/07/2023 on the occasion of 'ORS Week' Celebration. Students made the posters based on the theme. 1st Position was secured by Ms. Dona, 2nd Position was secured by Delna and 3rd Position by Ms. Jasela. The Vice President of

Indian Association of Pediatrics awarded the winners and the participants with the prizes and gifts and the efforts were appreciated by the organizers.





POSTER MAKING COMPETITION ON 'WORLD ORS DAY 2023'.



'World ORS Day' was celebrated in St. Stephen's Hospital on 29th July 2023. The event was organized under the Child Health Nursing Department, St. Stephen's Hospital College of Nursing. This day is celebrated to keep the child hydrated and to protect the children from Diarrhea by giving them this Life- saving solution. Poster Making Competition was organized for nursing students from 11:00 am- 12:00 pm in College Library. There were 11 participants from different batches. Great efforts were made

by the stu-

dents and they were appreciated for their contributions. Faculty teachers also graced the occasion with their presence. The posters were evaluated on 31st July 2023 by Dr. Nirmal Kumar (HOD, Paediatrics) , Dr. Abha Mangal (HOD, Community Health Department) and Prof. Dr. Feba Geevarghese (Principal). 1st position was bagged by Ms. Ann Tressa B. Sc. (Hons) Nursing 4th year student and 2nd position was bagged by Ms. Hannah, GNM 2nd year student.





RALLY ON 'WORLD HEPATITIS DAY'



Department of Medical Surgical Nursing in collaboration with Community Health Department of St. Stephen's Hospital College of Nursing organized a vibrant and impactful rally on 31st July 2023 to promote a hepatitis free India as a part of our ongoing efforts to create awareness about preventive strategies of hepatitis disease. The rally, which saw overwhelming participation from

students, teachers, and staff, was a resounding success in spreading the message of hepatitis free society.

The rally commenced in the morning with a fervent gathering at the Community centre, Sunder Nagri. Students, donning the college caps, vibrant banners and placards with powerful slogans against hepatitis disease, exuded a sense of unity and purpose. The atmosphere was electric as the participants marched through the nearby streets, capturing the attention of local community. Students chanted catchy slogans such as “आओ सब मिल हाथ बढ़ाये हेपेटाइटिस को जड़ से मिटाए” to emphasize the importance of making responsible choices.

The event culminated with a gathering back at the community centre of Sunder Nagri, where the principal addressed the participants and reiterated the commitment from all to a hepatitis free India.



CELEBRATION OF 'BREASTFEEDING WEEK'

Obstetrics and Gynaecological Nursing Department, St. Stephen's Hospital College of Nursing, Delhi organized an E-Poster Competition, Documentary Making Competition and Information booth on 04th and 07th August'2023 on the occasion of 'Breastfeeding Week 2023' on the theme "Enabling breastfeeding: making a difference for working parents" in Gynaecology O.P.D and Paediatric O.P.D of St. Stephen's Hospital respectively. The aim of the information booth was to educate patients and rela-

tives about breast feeding and its importance, techniques of breast feeding, advantages of breastfeeding for the mother and the baby, exclusive breast feeding, preparing for nursing throughout pregnancy, human milk banking and storage of expressed breast milk at home with the help of charts and pamphlets. The panel of judges for the events were Dr. Naima, HOD of Obstetrics and Gynaecology Department, St. Stephen's



Hospital, Dr.Pinki Bahl, Senior Consultant, St. Stephen's Hospital and Prof. Sheeba P. Joseph, Vice Principal cum HOD of Obstetrics & Gynaecological Department of College of Nursing. The event was organised for the batches of M.Sc. 1st year, Post B.Sc. 1st year, B.Sc. 4th year and GNM 3rd year.

The 1st, 2nd and 3rd prizes were bagged by Ms. Ann Tressa Joy (B.Sc 4th year student), Ms. Vinita (Post Basic 1st year Student) and Ms. Arshia Tomy (B.Sc

4th year student) respectively. The documentary competition winner was GNM 3rd year and the group comprised of Ms. Ishika, Ms. Bharti, Ms. Kanishka, Ms. Kanika and Ms. Shobhna.

**BEST OUT OF WASTE COMPETITION AND ROLEPLAY ON
'INTERNATIONAL YOUTH DAY 2023'**



Community Health Nursing Department, St. Stephen's Hospital College of Nursing, Delhi organized a Role play and Best out of Waste competition on 'International Youth Day' on 16th August 2023 from 09:00 am to 12:00 pm at St. Stephen's Hospital Community Health Centre, Sunder Nagri. Students of the Child to Child Education Programme participated enthusiastically in the Best- Out - of- Waste Competition. The panel of judges for the event

were Dr. Abha Mangal, H.O.D., Community Health Department, Dr. Vinita, Community Health Department, and Ms. Mala, Assistant Professor, St. Stephen's Hospital College of Nursing. The students bagged the first, second, and third prizes in the competition. A role play was also conducted by 24 B.Sc. (Hons.) Nursing 2nd year students on the theme 'Green Skills for Youth: Towards a Sustainable World' and depicts Green skills are "knowledge, abilities, values, and attitudes needed to live in, develop and support a sustainable and resource-efficient society



**ONAM -2023 &
FAREWELL PARTY OF GNM BATCH 2020-2023**

The Student Nurses Association (SNA) and Socio Cultural Committee, St. Stephen's Hospital College of Nursing organized ONAM-2023 and FAREWELL PARTY of GNM 3rd year, Batch 2020-2023 on 22nd August 2023 at Conference Hall, St. Stephen's Hospital. The theme for the event





was **"PARTY IN THE CASTLE."**The event started with delicious Onasadya in Student Nurses Mess. The pookalam was made by Post Basic B.Sc and M.Sc. Nursing students along with socio cultural committee faculty Members. Students were given different time slots for ONAM Lunch from 11am to 12:30 pm. Ms.



Ashlyn Singh and Ms. Tenzin from GNM 2nd year hosted the programme. GNM first year students invoked the presence of God by a melodious song followed by prayer. Prof. Dr. Feba Geevarghese, Principal, College of Nursing motivated the outgoing batch with her thoughts . Our Director Dr. Sudhir Joseph extended his ONAM wishes to all students and encouraged GNM 3rd year students to perpetuate the values of our Institute. Students from all batches presented various cultural and entertaining performances



to express their affection to the outgoing GNM Batch 2020-2023. Ms. Kajal was crowned Ms. Stephens by the jury members of the event namely Dr. Vinita, Senior GDMO Community Health Department, Sr Lissy Varghese, Deputy Nursing Superintendent and Ms. Varsha Varghese, Asstt. Professor, College of Nurs-

ing. The programme concluded at 4:20 pm with Vote of Thanks by Ms. Nayana ,GNM 2nd year student.

GOLD MEDAL: GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY.

Ms Rashmi, Post Basic B.Sc. Nursing student of our College has been awarded the Gold Medal for the academic session 2020-2022 at the 15th Convocation of Guru Gobind Singh Indraprastha University. It is a matter of pride and honour for our institution. Congratulations for the accolade!!

FACULTY DEVELOPMENT PROGRAMME

The International Council of Nurses (ICN) Congress 2023 was held in person from 1-5 July 2023 at the Palais des Congrès in Montreal, Canada, in partnership with the Canadian Nurses Association (CNA). The theme of Congress 2023 was "Nurses Together: A Force for Global Health". 130 National Nurses' Associations (NNAs) of their respective countries with around 5000 Nurse delegates attended the Conference. There were main sessions, plenary sessions, concurrent sessions, symposia, master classes and policy café' during the Conference.

Our Principal Prof. Dr. Feba Geevarghese attended the ICN Congress as her paper was accepted for pres-

entation in the ICN Congress. She was sponsored from St. Stephen's Hospital and had also been sanctioned travel grant from Indian Council of Medical Research (ICMR). She was one among 3 persons from India selected to present paper during this International Conference and it is a matter of great pride and honour for our Institution for her achievement at an international platform. Her Topic of Poster presentation was 'A study was conducted to assess the effectiveness of Nurse Navigation Programme for patients undergoing open abdominal surgery in tertiary care hospitals of Delhi with a view to develop a Nursing Care Protocol'. This was her PhD area of research and Nurse Navigation Programme is a novel initiative in Nursing. Her Guide and Co- Guide were Prof.

Dr. Manju Chhugani, Dean School of Nursing and Allied Health Sciences, Jamia Hamdard University and Prof. Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital. Her work was published as Poster and displayed in the E- Poster Viewing stations in the Congress venue and Virtual Platform Gallery in the ICN Website.

The 'Onsite Skill Standardization and Simulation Training' for capacity building of Midwifery faculty in India was conducted at National Reference Simulation Centre, SGT University Gurugram, organized by Indian Nursing Council in collaboration with UNPFA from 21.08.2023 to 25.08. 2023.



Prof. Sheeba Joseph, Vice Principal of our College was sponsored from the college to attend the training. 25 participants from various states participated in the training. She attended teaching sessions followed by mid-wifery and newborn skill demonstrations, hands- on- skills and simulation under the guidance of the facilitators. Pre and post OSCE was conducted to evaluate the skills.



Published By: The Principal, St. Stephen's Hospital, College of Nursing, Delhi, 110054
Editorial team: Ms Sheeba P. Joseph, Ms. Karthika Krishnan, Ms. Clarice A. Lyngdoh, Ms. Shiney Luke
Designed By : Rajiv Chandra Ranjan, Computer Department., St. Stephen's Hospital, Delhi